

Sacred Heart & St Margaret Mary



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Sunday 21st January 2024 – 3rd Sunday in Ordinary Time
(Sunday of the Word of God) – Year B
 [3rd Week of the Year, Weekdays Year II, Psalter Week 3]

MASSES in the PARISH	
Saturday 20th January	Feria
18.00 <i>First MASS of Sunday</i>	T & M O'Donoghue Foundation Mass
Sunday 21st January	3rd Sunday in Ordinary Time
09.00 MASS	+Annie & James Whittingham (SG)
11.00 MASS <i>Live streamed</i>	For the People of the Parish
Monday 22nd January	Feria
10.00 Service of the Word & Holy Communion	
Tuesday 23rd January	Feria – No Mass today
Wednesday 24th January	St Francis de Sales
10.00 MASS	C. Coyne Foundation Mass
Thursday 25th January	The Conversion of St Paul.
10.00 MASS & ADORATION	+Michael McDonald (TW)
Friday 26th January	Ss Timothy & Titus
- No Mass today	
Saturday 27th January	Feria
18.00 <i>First MASS of Sunday</i>	E. Maguire Foundation Mass
Sunday 28th January	4th Sunday in Ordinary Time (Racial Justice Day)
09.00 MASS	For the People of the Parish
11.00 MASS <i>Live streamed</i>	Jack & Ena Connolly Foundation Mass

SACRAMENT OF RECONCILIATION: Saturday at 17.30

Anniversaries this week: Perpetua Cecine Triggs, Gwen Dawes, Betty McGee, Maisie Aylin, Queenie Minnie Hogan, Stanley Brocklesby, Anne Cairns, Laura O'Halloran, Bill Sibley, George Mayer, Ivor Vincent, Magdolna Toth, Carol Lydia Whitesides, Hilda Stearman, William Harrell. *May their souls and the souls of all the faithful departed rest in peace.*

Hospital Visits: If you or any member of your family is admitted to the Norfolk and Norwich Hospital and would like to have a visit from a Catholic Priest, please inform a nurse on the ward and contact will be made through the Chaplaincy. If you are admitted to the Queen Elizabeth Hospital in King's Lynn, please contact Fr. Peter Rollings at the Presbytery on 01553 772220. If you would like to receive the Sacrament of the Sick before going into hospital, please contact Fr. Jay either by phone or by email.

Sick & Housebound [with GDPR Permissions] – Please pray for: Shirley Liebenhals, Derek Williams, Patsy Gray, Colette Barrow-Nessian, Betty Reavey, William Dunne, Pauline Buckland, Gretta Cummings, Katherine Vella, Pauline Organ, Kevin Pugh, Joy Bussey.

Money Matters: For those who would like to make their regular offerings by Standing Order, the information you need is: Account name: **Catholic Church of Dereham**. The Sort Code is: **40-20-08** and the Account number is: **11311115**. If you are a tax payer, please also consider **Gift Aid**. **Gift Aid forms** are available at the back of church. This will help to maximize our donations in the Parish.

Please note: There are no weekdays Masses while Fr. Jay is away between 10th – 23rd January. However, there is a Service of the Word and Holy Communion each Monday at 10:00 a.m. commencing on 15th January.

Openness to the Word of God – Today is kept as the Sunday of the Word of God. Pope Francis' 2019 Apostolic Letter 'Aperuit illis', established that this Sunday should be devoted to the celebration, study and dissemination of the Word of God. **Prayer:** "All-wise God, as you have granted us to drink with delight from the Word that leads us to know you, in your goodness grant us also to come at length to you, source of all wisdom and stand for ever before your face." (Based on a prayer of St Bede the Venerable.)



Conversion of St. Paul, 25th January - The great thing that we learn about God is that forgiveness and conversion are possible for all of us. Paul is portrayed as the greatest enemy of the earliest followers of Christ, but rather than smite him, or demonise him, Jesus instead takes his gifts of zeal and persuasion, and puts them to work for the Gospel. An encounter with the risen Lord can do that for any of us. God doesn't give up on Paul, nor does God give up on us.

Holocaust Memorial Day, 27th January 2024: The Fragility of Freedom is the theme for Holocaust Memorial Day 2024 - Today many people in western democracies take freedoms for granted – this HMD, we can reflect on how these freedoms need to be valued, and on how many people around the world face restrictions to their freedoms to live, worship, work and love freely. On HMD 2024, we can all reflect on how freedom is fragile and vulnerable to abuse. As we come together in communities around the UK, let's pledge not to take our freedoms for granted, and consider what we can do to strengthen freedoms around the world. Find out more at <https://www.hmd.org.uk> [Holocaust Memorial Day Trust | HMD 2024 Theme](#)

Parish Events for the week 20 th – 27 th January 2024	
Sunday: 1100	Children's Liturgy (for children <i>in Y1 to 1st Holy Communion age</i>)
Tuesday: 1900	Youth Club Chess & Table Tennis – Emmaus Room.
Thursday: 1730-1830	First Communion Class – Emmaus Room
Friday: 1915-2030	Altar Servers' Group – Emmaus Room
Friday Garden Club – Volunteers are asked to please contact Sonia on 07985 521578 for next meeting date.	

GOSPEL REFLECTION FOR THE THIRD SUNDAY IN ORDINARY TIME



Change of Heart

“Wanted: Men and women willing to leave behind their old way of life and become fishers of men.”

Can you see job applicants queuing round the block? Would we respond to Jesus' call with the same immediacy as those first disciples? Probably not! Chances are we'd hesitate long and hard. A hundred and one questions would hold us back. What would being a disciple involve? Would we be up to the job? What would we have to leave behind? What would we have to give up? Would part time discipleship be okay ... after all we've got lots else to do! Would candidates be permitted to serve two masters, giving up one's own agenda is surely too much to ask!

There would be lots of questions we would ask, but sadly no easy answers. There is no one answer that is right for everybody. But the one important message for us today is that discipleship usually means a major shift in direction; a change that involves leaving behind things that get in the way of our relationship with God. It is left to each of us to decide what our particular mode of discipleship might be, and what stands in the path of our new direction. Our new direction has to start with some good hard soul searching, and a change of heart.

Bite Size - “Great minds have purposes, others have wishes.”

~ Washington Irving



PARISH PRAYER - Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word and a new consecration to your service, that your love might grow among us and your kingdom come, through Christ our Lord, Amen.

Permanent Deacon: Rev. Martin Sanderson
Parish Music team: Judy Reid, Kathleen Edmunds & William Preddy.
Parish Safeguarding Representative: Kathleen Edmunds
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For **Live Streamed Masses** use the link on the parish website, www.sacredheartdereham.org.uk

The parish newsletter is available on the parish website from Friday each week.