

## GOSPEL REFLECTION FOR THE TRANSFIGURATION OF THE LORD



### How to be a Visionary

Jesus is an excellent life mentor. In today's gospel we see him recognise that Peter James and John were downhearted and in need of some kind of emotional boost. He took them up a high mountain and gave them a glimpse of the glory they would one day share. The vision showed a transfigured Jesus, as dazzling as the sun speaking with Elijah and Moses. Peter, eager to keep hold of the vision suggested erecting three tents! It wasn't such a silly idea, for although three tents could not hold the vision, Peter recognised the importance of keeping it, even if it was only as a memory. He recognised that the vision could motivate him from then on.

Professional life mentors and motivational speakers could give us a few clues when it comes to staying motivated. The first and single most important factor in staying motivated is to have a vision. Having a vision gives us a reason to act. People on a diet have a vision of themselves three stone lighter. Students struggling to sit at a desk and revise on a hot sunny afternoon motivate themselves with a vision of that much sought after career. As Christ's disciples we might motivate ourselves with a vision of a world without poverty or war, or simply to improve the life of one other person. The second most important piece of advice is to imbue that vision with a passion. It's no good having a lack lustre vision, we need a vision that will make us feel passionate about our goal, something that we can conjure up in our mind's eye and make us leap into action.

We tend to think of visionaries as some kind of mystics, but a visionary is simply a person with original ideas about what the future will or could be like. With God's help, it's in us all!

**Bitesize** - 'The vision must be followed by the venture. It is not enough to stare up the steps — we must step up the stairs.' ~ *Vance Havner*



**PARISH PRAYER** – Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word and a new consecration to your service, that your love might grow among us and your kingdom come, through Christ our Lord, Amen.

**Permanent Deacon:** Rev. Martin Sanderson  
**Parish Music team:** Judy Reid, Kathleen Edmunds & William Preddy.  
**Parish Safeguarding Representative:** Kathleen Edmunds

## Sacred Heart & St Margaret Mary



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### Sunday 6<sup>th</sup> August 2023 – The Transfiguration of the Lord – Year A [18<sup>th</sup> Week of the Year, Weekdays Year I, Psalter Week 2]

MASSES in the PARISH		
<b>Saturday 5<sup>th</sup> August</b>	18.00 <i>First MASS of Sunday</i>	John & Joan Faulkner (AM)
<b>Sunday 6<sup>th</sup> August</b>	09.00 MASS	<b>The Transfiguration of the Lord</b>
	11.00 MASS <i>Live streamed</i>	Mark & Janice Blows+ (AB)
<b>Monday 7<sup>th</sup> August</b>		The People of the Parish
	10.00 MASS	<b>Feria</b>
<b>Tuesday 8<sup>th</sup> August</b>		Kevin O'Brien+ (PG)
	10.00 MASS	<b>St Dominic</b>
<b>Wednesday 9<sup>th</sup> August</b>		Teresa Revell+ (EW)
	10.00 MASS	<b>St Teresa Benedicta of the Cross.</b>
		<b>Patron of Europe. Feast.</b>
		Fr. Mark Leenane+ (Westminster)
<b>Thursday 10<sup>th</sup> August</b>		<b>St Lawrence. Feast.</b>
	10.00 MASS & ADORATION	Fr. Kevin Gradwell+ (Nottingham)
	<i>Live streamed</i>	
<b>Friday 11<sup>th</sup> August</b>		<b>St Clare</b>
	- No Mass today	
<b>Saturday 12<sup>th</sup> August</b>		<b>Feria</b>
	18.00 <i>First MASS of Sunday</i>	Addison Skilton
<b>Sunday 13<sup>th</sup> August</b>		<b>19<sup>th</sup> Sunday in Ordinary Time</b>
	09.00 MASS	Nora Ryan+ (UM)
	11.00 MASS <i>Live streamed</i>	The People of the Parish

**SACRAMENT OF RECONCILIATION: Thursday after 10.00 Mass and Saturday at 17.30**  
**EXPOSITION & BENEDICTION: Thursday after Mass**

*Rosary & Morning Prayer are said weekdays before Mass from 09.15.*

*For Live Streamed Masses Search for Dereham Catholic Church on YouTube, or use the following link:*

<https://www.youtube.com/channel/UCR-qWs-B40VTvbzezZ83MxQ/videos?view=2&flow=grid>  
 The parish newsletter is available on the parish website from Friday each week.

**Anniversaries this week:** Patrick Thomas Warden, Pope Paul VI, Peggy Pratt, Sybilla Hopkins, Peggy Malone, Agnes Harmer, Andrew Browne, Frederick Faulkner, Betty Evans, Barbara Abela, Mark Blows. *May their souls and the souls of all the faithful departed rest in peace.*

**Hospital Visits:** If you or any member of your family is admitted to the Norfolk and Norwich Hospital and would like to have a visit from a Catholic Priest, please inform a nurse on the ward and contact will be made through the Chaplaincy. If you are admitted to the Queen Elizabeth Hospital in King's Lynn, please contact Fr. Peter Rollings at the Presbytery on 01553 772220. If you would like to receive the Sacrament of the Sick before going into hospital, please contact Fr. Jay either by phone or by email.

**Sick & Housebound [with GDPR Permissions] – Please pray for:** Shirley Liebenhals, Derek Williams, Patsy Gray, Colette Barrow-Nessian, Betty Reavey, Marion Ring-Davies, Fr. Brendan, William Dunne, Pauline Buckland, Gretta Cummings, Marco Johnson, Ena Marie Mifsud, Katherine Vella, Pauline Organ, Kevin Pugh.

**Money Matters:** Offering for last Sunday: Plate £279.77 and £41.15 for the acoustics project. Thank you.

For those who would like to make their regular offerings by Standing Order, the information you need is: Account name: **Catholic Church of Dereham.** The Sort Code is: **40-20-08** and the Account number is: **11311115.** If you are a tax payer, please also consider **Gift Aid.** **Gift Aid forms** are available at the back of church. This will help to maximize our donations in the Parish.

Acoustics Improvements Project	
Donations to Date £792.77	Project Target £4,200
<i>There is a box for donations at the back of the church.</i>	

**First Holy Communion 2024** – If you wish to register your child for the First Holy Communion programme, please complete a form available in the church and return it to Fr. Jay as soon as possible. You will be emailed about the introductory session for parents, which will be in September. Applicants for First Holy Communion must be going into Year 3 or above in September 2023.

Parish Events for the week 6 <sup>th</sup> – 12 <sup>th</sup> August	
Tuesday: 1900	<b>Youth Club Chess &amp; Table Tennis</b> – Emmaus Room.
Wednesday 18.30 – 19.30	<b>'The Mass' Video Talks</b> – Emmaus Room. The third of six weekly talks given by Bishop Barron. Friendly and animated, Bishop Barron gives new life to our understanding of the Mass. This week's topic is <i>'God Speaks our Story'</i> . All welcome. If you missed last week's episode ( <i>'Called out of the world'</i> ), you can catch

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	up at <a href="https://videos.wordonfire.org/themassepisode1">https://videos.wordonfire.org/themassepisode1</a> . Facilitated by Rachel & Kevin Pugh.
Friday: 10.00	<b>Parish Gardening Club</b> – Parish grounds & garden. Volunteers welcome.
Saturday: 1000-1200	<b>Youth Club Tennis</b> – Dereham Leisure Park.

**Advance Notice: Dereham Road Race: Sunday 20<sup>th</sup> August** – Please be aware that the annual Dereham 5k road race will be taking place on Sunday 20<sup>th</sup> August 2023, starting at 09.00am on London Road outside Sacred Heart, with runners congregating outside the church at approximately 08.55am. As the junction in London Road will be congested for a short while around 08.55am (as will local roads to the event), it would be advisable to allow a little extra travel time for Mass at 0900 if coming by car. The race organisers have put in place traffic management arrangements on the day.

Upcoming Parish Events Diary	
Date	Event
Sat. 2 September	<b>Altar Servers' Day Out</b> (Bowling & Pizza)
Weds. 6 September	<b>Parish Open Forum</b> at 18.30 in the Emmaus Room, in preparation for the Parish Stewardship Programme. Please make time for this important date as we would want to hear your voice on parish life in all its aspects.
Sun. 10 September	<b>Parish BBQ</b> right after 1100 Mass.
Sat./Sun. 23/24 Sept	<b>Parish Stewardship Programme</b> commences.
Sat./Sun. 30 Sep/1 Oct	Parish Stewardship Programme continues.
Sat./Sun. 7/8 October	Parish Stewardship Programme concludes.
Fri. 27 October	<b>Parish Auction</b> and fund-raising at 18.30 in Emmaus Room. A form is provided at the back of the church for those who have items for the auction. This is to list all the items on offer before the day. A light supper will be provided.
Thurs. 21 December	<b>Parish Christmas Bring &amp; Share Party</b> – 12 noon to 6.00pm. Yaxham Village Hall.

**Norfolk Churches Trust Bike Ride** – The annual Norfolk Churches Trust Bike Ride will be taking place on **Saturday, 9<sup>th</sup> September 2023.** For more information on how to take part go to <https://norfolkchurchestrust.org.uk/bike-ride/> or see the poster & forms at the back of church. Volunteers will be needed on the day to welcome visitors. Please sign up if you are able to help.



Many thanks to Jan Duffield for last week's grand flower decoration.