

GOSPEL REFLECTION FOR CORPUS CHRISTI

More Like Christ.



When we are children, we don't believe that we will ever grow to be obese, passed our prime, or out of condition; it's something that creeps up on us. The extra pounds that pile on around our waistlines are the result of making wrong choices on a daily basis. Just as we can become physically unfit so we can become spiritually unfit. When we are young, we cannot imagine making wrong choices or poor decisions, but compromise, apathy and temptation creeps up on the best of us. We become consumed by things that don't really matter. If we are not careful, God's values can fall by the wayside and we end up feeling weighed down, dissatisfied and unhappy.

On the Solemnity of the Most Holy Body and Blood of Christ, we are reminded that in just the same way as we care for our physical diet, so we need to take care of our spiritual diet. We need to make Jesus part of our spiritual diet both in communion and in our daily choices to live as Christians so that we might be spiritually whole. We are invited to feel alive and rejuvenated and ready to impact the world around us.

When we faithfully participate in the Eucharist, the sacrament has the power to influence us and change us; it joins each of us to Christ and makes us more like him. Today's challenge is to think a little harder about what we are actually doing in participating in the Eucharist, and what we should expect as a result.

Bitesize - Faith sees the invisible, believes the incredible and receives the impossible! Thank God for our physical AND our spiritual nourishment!
~Christian Cops.



PARISH PRAYER – Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word and a new consecration to your service, that your love might grow among us and your kingdom come, through Christ our Lord, Amen.

Permanent Deacon: Rev. Martin Sanderson
Parish Music team: Judy Reid, Kathleen Edmunds & William Preddy.
Parish Safeguarding Representative: Kathleen Edmunds

Sacred Heart & St Margaret Mary



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Sunday, 11th June 2023 – The Most Holy Body and Blood of Christ (Corpus Christi) – Year A

[10th Week of the Year, Weekdays Year I, Psalter Week 2]

MASSES in the PARISH

Saturday 10th June	18.00	<i>First MASS of Sunday</i>	George Mealy (Healing) (GC)
Sunday 11th June	09.00	MASS	The Most Holy Body & Blood of Christ Fr. Denis Gallagher (Sacerdotal Anniversary) (Rev. MS) For the People of the Parish
	11.00	MASS <i>Live streamed</i>	Feria George Mealy (Healing) (CP)
Monday 12th June	10.00	MASS	St Anthony of Padua
Tuesday 13th June	10.00	MASS	Feria Frances Saville-King+
Wednesday 14th June	10.00	MASS & ADORATION <i>Live streamed</i>	Feria
Friday 16th June	17.30	MASS – preceded by EXPOSITION at 16.00.	The Most Sacred Heart (Solemnity)
Saturday 17th June	18.00	<i>First MASS of Sunday</i>	Immaculate Heart of the BVM For the People of the Parish
Sunday 18th June	09.00	MASS	11th Sunday in Ordinary Time
	11.00	MASS <i>Live streamed</i>	Peter Edmunds (Healing) (KE)

SACRAMENT OF RECONCILIATION: Thursday after 10.00 Mass and Saturday at 17.30
EXPOSITION & BENEDICTION: Thursday after Mass

For Live Streamed Masses Search for Dereham Catholic Church on YouTube, or use the following link:

<https://www.youtube.com/channel/UCR-qWs-B40VTvbzezZ83MxQ/videos?view=2&flow=grid>

The parish newsletter is available on the parish website from Friday each week.

Rosary & Morning Prayer is said before Mass on weekdays from 09.15.

Anniversaries this week: Barry Williams, Francis McCarthy, Arthur & Marguerite Dunkley, Vincent Stewart, Maria Gay, Ellen Whitehead, Cardinal Basil Hume, Claudinette Barbas, Thomas Day, Tony Harmer, Madeline Lambert. *May their souls and the souls of all the faithful departed rest in peace.*

Hospital Visits: If you or any member of your family is admitted to the Norfolk and Norwich Hospital and would like to have a visit from a Catholic Priest, please inform a nurse on the ward and contact will be made through the Chaplaincy. If you are admitted to the Queen Elizabeth Hospital in King's Lynn, please contact Fr. Peter Rollings at the Presbytery on 01553 772220. If you would like to receive the Sacrament of the Sick before going into hospital, please contact Fr. Jay either by phone or by email.

Sick & Housebound [with GDPR Permissions] – Please pray for: Shirley Liebenhals, Derek Williams, Patsy Gray, Collette Barro-Nessian, Betty Reavey, Marion Ring-Davies, Fr. Brendan, William Dunne, Pauline Buckland, Gretta Cummings, Marco Johnson, Ena Marie Mifsud, Catherine Vella.

Frances Saville-King+ - We are saddened by the passing of Frances Saville-King whose funeral Mass will take place on **Tuesday, 27th June at 1130** in the Parish, followed by cremation at the Breckland Crematorium.


Money Matters: Offering for last Sunday: Plate £275.72. Thank you.


Feast of Corpus Christi, Sunday 11th June – On this Feast Day, the First Holy Communion will take place at the 1100 Mass. Also, the Eucharistic Ministers will be recommissioned after the Homily at each Mass as this day begins the reinstating of Communion by Chalice.

Day for Life – Next Sunday, 18th June, is Day for Life and there will be a retiring collection after all Masses next weekend for the work of Life Charities.

Parish Patronal Feast (Sacred Heart) - This will be celebrated on Friday, 16th June at 1730 preceded by an Exposition at 1600 and followed by a light dinner in the presbytery garden after the Mass. Friday Abstinence is dispensed on this Solemnity.

Dinner after the Confirmation Mass – After the Confirmation Mass by Bishop Peter on **Monday, 26th June**, we are invited to a dinner in the Emmaus Room prepared by the parents of the candidates.

Parish Events this week	
Mon. 12 June 14.00–16.00	 Afternoon Tea in the Emmaus Room. Join us for our monthly afternoon tea social. All welcome.

Parish Events this week	
Fri. 16 June 10.00	Parish Gardening Club – Parish grounds & garden. Volunteers welcome. 
Fri. 16 June 19.15-20.45	Confirmation Group – Emmaus Room
Saturdays 10.00-11.30	Youth Tennis Club is on hold for the time being due to ongoing renovation of the tennis court at the leisure park.
Sundays After 1100 Mass	Youth Club Chess & Table Tennis – Emmaus Room.

Church Acoustic Improvement - We are now kickstarting our fundraising for our Church acoustic improvement. The estimate given by Darren, the same person who installed the system 25 or 30 years ago, would cost us about £1995 for the overhaul of the system. This includes digitalizing the control and the replacing of the speakers and probably the microphones. Starting this Sunday, a box at the back of the Church is prepared for your generous donation.

Parish Christmas Party 2023 - We shall have a bring and share Parish Christmas Party on **Thursday, 21st December at Yaxham Village Hall, from 12:00-18:00**. Please, kindly pencil this in your diary as this could become a busy month for us.

Loneliness Awareness Week, 12th-18th June - A good week to reach out to parishioners who live on their own. A good week to offer our services to the SVP. A good week to visit a relative we haven't seen in long while.

Day of the African Child, 'Mary's Meals', 16th June - 'Mary's Meals' are served to more than 2.4 million vulnerable children every school day in 18 countries worldwide. The idea is simple. The idea is to give every school child in developing countries a school dinner so that they can work and play and stay healthy. For more information, or to donate, go to www.marysmeals.org.uk

Care for Our Common Home: Call For Justice: Email your MP - Ask your MP to back a Business, Human Rights and Environment Act. CAFOD is calling for a new law to ensure our sisters and brothers overseas can get justice when their rights and environment are harmed by irresponsible businesses connected to the UK. That means businesses would have to take steps to prevent people's water being contaminated by their business operations, and to prevent workers being exploited by companies they own, and to prevent communities from being forced from their lands by companies involved in their supply chains. People who are affected by these abuses are calling for a new law. Dozens of businesses and investors themselves are calling for a new law. And polling shows more than four in five voters would back a new law. Ask your MP to sign a pledge backing a new law. *Add your name to the call for justice at www.action.cafod.org.uk/page/123703/action/1*