

# Sacred Heart & St Margaret Mary



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SacredHeartDereham.org.uk

## 19<sup>th</sup> February 2023 – 7<sup>th</sup> Sunday in Ordinary Time – Year A

[7<sup>th</sup> Week of the Year, Weekdays Year I, Psalter Week 3]

### MASSES in the PARISH

<b>Saturday 18<sup>th</sup> February</b>		
18.00	<i>First MASS of Sunday</i>	For the People of the Parish
<b>Sunday 19<sup>th</sup> February</b>		<b>7<sup>th</sup> Sunday in Ordinary Time</b>
09.00	MASS	Nell Bradley + ( <i>Foundation Mass</i> )
11.00	MASS <i>Live streamed</i>	Robert McCarthy +
<b>Monday 20<sup>th</sup> February</b>		<b>Feria</b>
10.00	<i>Morning Prayer &amp; Rosary</i>	
<b>Tuesday 21<sup>st</sup> February</b>		<b>Feria</b>
10.00	<i>Morning Prayer &amp; Rosary</i>	
<b>Wednesday 22<sup>nd</sup> February</b>		<b>ASH WEDNESDAY.</b> Fast & Abstinence.
10.00	MASS	
18.00	MASS	
<b>Thursday 23<sup>rd</sup> February</b>		<b>Lent Feria</b>
-	No Service today	
<b>Friday 24<sup>th</sup> February</b>		<b>Lent Feria</b>
10.00	<i>Stations of the Cross</i>	
<b>Saturday 25<sup>th</sup> February</b>		<b>Lent Feria</b>
18.00	<i>First MASS of Sunday</i>	C. Coyne + ( <i>Foundation Mass</i> )
<b>Sunday 26<sup>th</sup> February</b>		<b>1<sup>st</sup> Sunday of Lent</b>
09.00	MASS	For the People of the Parish
11.00	MASS <i>Live streamed</i>	Harry & Freda Wilkes +

**SACRAMENT OF RECONCILIATION: Saturday at 17.30**

**Anniversaries this week:** Robert McCarthy, Gerard Keogh, Mary Allison, Agnes Lilian Farrow, Grace Chipperfield, Margaret Kirk, Isabel Joan Hooper, Bridget Dury, Vera Farmer, Dora Ellen Heasman, Frances Watson, John Edwards, Cecilia Stack, Maria Amaral, Ruth Fahey. *May their souls and the souls of all the faithful departed rest in peace.*

**Hospital Visits:** If you or any member of your family is admitted to the Norfolk and Norwich Hospital and would like to have a visit from a Catholic Priest, please inform a nurse on the ward and contact will be made through the Chaplaincy. If you are admitted to the Queen Elizabeth Hospital in King's Lynn, please contact Fr. Peter Rollings at the Presbytery on 01553 772220. If you would like to receive the Sacrament of the Sick before going into hospital, please contact Fr. Jay either by phone or by email.

**Sick & Housebound [with GDPR Permissions] – Please pray for:** Shirley Liebenhals, Frances Saville King, Derek Williams, Patsy Gray, Collette Barro-Nessian, Betty Reavey, Marion Ring-Davies, Fr. Brendan, William Dunn, Pauline Buckland, Gretta Cummings, Marco Johnson, Ena Marie Mifsud.

**Money Matters:** Offering for last Sunday: Plate £268.20. Thank you.

For those who would like to make their regular offerings by Standing Order, the information you need is: Account name: **Catholic Church of Dereham.** The Sort Code is: **40-20-08** and the Account number is: **11311115.** If you are a tax payer, please also consider **Gift Aid.** **Gift Aid forms** are available at the back of church. This will help to maximize our donations in the Parish.

**Weekend Masses** – This weekend we warmly welcome Fr. John Ablewhite again, who is kindly standing in for Fr. Jay.

**Ash Wednesday: 22<sup>nd</sup> February** – There will be two Masses on Ash Wednesday – at **10.00am:** Celebrant Fr. John Ablewhite; and at **6.00pm:** Celebrant Fr. Michael Stack. Our grateful thanks go to Fr. John and Fr. Michael.

**Thursday, 23<sup>rd</sup> February** – Please note that there will be no Service of the Word and Exposition this Thursday, 23<sup>rd</sup> February.

**Stations of the Cross** – There will be Stations of the Cross on Friday, 24<sup>th</sup> February, 2023 at 10.00 a.m., and afterwards refreshments of soup and rolls.

**Columban Annual Mission Appeal 2023** – The Columban Missionaries will be making their Annual Mission Appeal in the Parish on the weekend of **25<sup>th</sup> and 26<sup>th</sup> February 2023**, to share with us their cross-cultural mission work in Asia, the Pacific and Latin America and to seek our prayers and support for the spread of the Gospel overseas. More information on their work can be found on their website at [www.columbans.co.uk](http://www.columbans.co.uk). *There will be a box at the back of church for donations.*

Parish Events this week		
Weds. 22 Feb.	17.00-18.00	<b>First Communion Class</b> – in the Presbytery
Thurs. 23 Feb.	13.45	<b>Parish Finance Committee</b> – in the Presbytery
Fri. 24 Feb.	19.15-20.45	<b>Confirmation Group</b> – at the House of the Divine Will, Neatherd Moor.
Sundays	After 11.00 Mass	<b>Youth Table Tennis</b> – Emmaus Room
<i>Please note that the <b>Saturday Youth Tennis and Tuesday Chess</b> sessions are taking a winter break and will resume again in March.</i>		

**Day of Prayer for the Unemployed, Sunday 19th February 2023** - On this day we pray for those who have lost their job and who are worrying about how to support their families. We pray for the long term unemployed and for those suffering specific difficulties and barriers. We pray for those who are unhappy in their jobs and for those who feel underemployed and underpaid.



**Ash Wednesday, 22<sup>nd</sup> February** - 'Ash Wednesday is the start of Lent when we are invited for forty days to set aside more time for prayer and fasting in preparation for Easter. The Ashes, made in the sign of the cross on our foreheads on this day, are an outward sign of our inward sorrow for our sins and of our commitment to Jesus as Our Lord and Saviour.'

**Parish Magazine** – This week is the deadline for items for the next issue of the Parish Magazine. Parish groups are invited to submit news items and other items would be welcomed from any parishioner. Items should be submitted by email to [elainewilkes182@btinternet.com](mailto:elainewilkes182@btinternet.com) by next weekend. The next issue of the magazine is due for publication at the end of March.

**National Cycle of Prayer** – During Lent we are asked to pray for the following intentions: Candidates for the Sacraments, especially on the Sundays of Lent, the Needy and Hungry of the World, especially on Lenten Fast Day (Friday, 3<sup>rd</sup> March), World Day of Prayer, especially on 1<sup>st</sup> Friday in March, and Penitents and Wanderers.

**Permanent Deacon:** Rev. Martin Sanderson  
**Parish Music team:** Judy Reid, Kathleen Edmunds & William Preddy.  
**Parish Safeguarding Representative:** Kathleen Edmunds

**Church Action on 'Poverty Sunday', Sunday 19th February 2023** - Building a powerful movement to unlock poverty has never been more important. The cost-of-living crisis threatens to sweep millions into poverty. No one should have to face the choice between heating and eating. To prevent more people being swept deeper into poverty, it's vital that those of us affected have a say. Now more than ever, churches and communities need to stand together and uphold each other's dignity, agency and power. On Church Action on Poverty Sunday, join with other churches across the UK in giving, action and prayer. Celebrate the transformational possibilities of people coming together to reclaim their dignity, agency and power. You can make a donation at [www.church-poverty.org.uk/give/](http://www.church-poverty.org.uk/give/)

**GOSPEL REFLECTION - 7<sup>TH</sup> SUNDAY IN ORDINARY TIME**  
**Friend or Foe?**




What strange advice! "If anyone strikes you on the right cheek, turn the other also." "If anyone forces you to go one mile go also the second mile..." "If anyone sues you for your outer garment, give them your undergarment too." Jesus tells us not to resist evil. Does he mean us to roll over and

allow our enemies to walk all over us? It's very easy for us to love our friends. Only loving those who are easy to love doesn't provide very much of a challenge, and consequently doesn't earn us much of a reward. The challenge Jesus poses today is to meet our enemies with love. Jesus' advice is to meet violence with non-violence and to meet force with acquiescence. If we only love those who love us back, we are not doing anything more than anyone else, but if we love our enemies, we show ourselves to be true disciples of Christ.

In our conflict-ridden world, today's gospel has never been more relevant. Never has there been a better time for Christians to get more involved in campaigning for non-violent strategies. Jesus isn't suggesting we roll over and allow our enemies to walk all over us, nor is he suggesting we turn a blind eye. What he is suggesting is that we always make a stand for justice in the spirit of love and not aggression. There are a million and one little things we can do each and every day to help tackle the causes of poverty, prejudice and oppression. The world has never been more ready.

**Bitesize** – 'Don't be yourself - be someone a little nicer.'  
 ~ Mignon McLaughlin



**PARISH PRAYER** – Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word and a new consecration to your service, that your love might grow among us and your kingdom come, through Christ our Lord, Amen.

*For Live Streamed Masses Search for Dereham Catholic Church on YouTube, or use the following link:*  
<https://www.youtube.com/channel/UCR-qWs-B40VTvbzezZ83MxQ/videos?view=2&flow=grid>  
 The parish newsletter is available on the parish website from Friday each week.