

Sacred Heart & St Margaret Mary



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Sunday 29th January 2023 – 4th Sunday in Ordinary Time – Year A
[4th Week of the Year, Weekdays Year I, Psalter Week 4]

MASSES in the PARISH		
Saturday 28th January		
18.00	<i>First MASS of Sunday</i>	Jack & Ena Connolly (<i>Foundation Mass</i>)
Sunday 29th January		
09.00	MASS	4th Sunday in Ordinary Time For the People of the Parish
11.00	<i>MASS Live streamed</i>	Anisha Cyriac+ (<i>CC</i>)
Thursday 2nd February		
10.00	Service of the Word & Exposition	The Presentation of the Lord. Feast.
Saturday 4th February		
18.00	<i>First MASS of Sunday</i>	Feria.
Sunday 5th February		
09.00	MASS	5th Sunday in Ordinary Time (<i>Racial Justice Day</i>) For the People of the Parish
11.00	<i>MASS Live streamed</i>	

SACRAMENT OF RECONCILIATION: Saturday at 17.30
EXPOSITION: Thursday after Service of the Word

Anniversaries this week: Mary Hetherington, Marguerite Eastwell, Reginald Walter Bowles, Alice Page, Victor Rawding, Patricia Cox, Alfred Edward Macdonald, English Family, George Maguire, Benjamin Wyand, Stanley Snellgrove, George Gay, Mary Hirst, Joao Costa, Bernard O'Shea, Doris Marie (Babs) Dyer, Lynes Smith. *May their souls and the souls of all the faithful departed rest in peace.*

Hospital Visits: If you or any member of your family is admitted to the Norfolk and Norwich Hospital and would like to have a visit from a Catholic Priest, please inform a nurse on the ward and contact will be made through the Chaplaincy. If you are admitted to the Queen Elizabeth Hospital in King's Lynn, please contact Fr. Peter Rollings at the Presbytery on 01553 772220. If you would like to receive the Sacrament of the Sick before going into hospital, please contact Fr. Jay either by phone or by email.

Sick & Housebound [with GDPR Permissions] – Please pray for: Shirley Liebenhals, Frances Saville King, Derek Williams, Patsy Gray, Collette Barro-Nessian, Betty Reavey, Marion Ring-Davies, Fr. Brendan, William Dunn, Pauline Buckland, Gretta Cummings, Marco Johnson.

Money Matters: Offering for last Sunday: Plate £287.53 and collection for Bishop Alan: £124.42. Thank you.

For those who would like to make their regular offerings by Standing Order, the information you need is: Account name: **Catholic Church of Dereham**. The Sort Code is: **40-20-08** and the Account number is: **11311115**. If you are a tax payer, please also consider **Gift Aid**. **Gift Aid forms** are available at the back of church. This will help to maximize our donations in the Parish.

Holiday – Fr. Jay will be away in the coming weeks for his holiday to the Philippines. Locum priests will be covering the weekend Sunday Masses until 25th-26th February 2023. This weekend and next, we gladly welcome Fr. Michael Stack.

Liturgy of the Word – During Fr. Jay's holiday, instead of Thursday Mass, the parish will be having a Liturgy of the Word, followed by an hour of Exposition. Also, the Church will be open daily until approximately 1600 for private prayer. Additionally, this week, on Monday, Tuesday and Wednesday there will be Morning Prayer from the Divine Office, followed by the Rosary.

Parish Events this week		
Weds. 1 Feb.	17.00-18.00	First Communion Class – Emmaus Room
Thurs. 2 Feb	After Service of the Word & Exposition	SVP Coffee Morning – Emmaus Room. All welcome.
Fri. 3 Feb.	19.15-20.45	Confirmation Group – Meeting at House of the Diving Will, Neatherd Moor.
Sundays	After 1100 Mass	Youth Table Tennis – Emmaus Room
<i>Please note that the Saturday Youth Tennis and Tuesday Chess sessions are taking a winter break and will resume again in March 2023.</i>		

Ash Wednesday, 22nd February 2023: Mass Times – Please note that there will be two Masses on 22nd February for Ash Wednesday at 1000 and 1730. *There will also be Stations of the Cross on Friday evenings during Lent at 19.00.*

Presentation of the Lord, February 2nd - Simeon had waited all his life to see Jesus. The Holy Spirit had promised him that he would live long enough. When Mary and Joseph presented the baby at the temple, Simeon said, "Now, Lord, you have kept your promise, and you may let your servant go in peace. With my own eyes I have seen your salvation, which you have prepared in the presence of all peoples." Seeing Jesus satisfied Simeon's life. We are prompted to ask what would satisfy us in our lives. Are the goals we set worth a lifetime of wanting, as Simeon's was?

World Day for Consecrated Life, February 2nd - In 1997, Pope Saint John Paul II instituted a day of prayer for women and men in consecrated life. This celebration is attached to the Feast of the Presentation of the Lord on February 2nd. This Feast is also known as Candlemas Day; the day on which candles are blessed symbolizing Christ who is the light of the world. So too, those in consecrated life are called to reflect the light of Jesus Christ to all peoples. Please pray for all those who have made commitments in the consecrated life.

Jesuits in Britain: Online courses and Guided Retreats Via Zoom - Check out the events at Jesuits in Britain. There's lots available via Zoom, and there are in-person events too. Check out the Jesuits programme from January to June. www.jesuit.org.uk/events

CAFOD Spring Raffle 2023 - CAFOD's Spring Raffle 2023 is now open and you can enter online at www.cafod.org.uk/Give/Spring-Raffle. The Spring Raffle 2023 is open to all mainland Great Britain residents over the age of 18. The closing date is 5th May and tickets are £1.00. The top prize is £7,000 but other prizes too. By buying raffle tickets, you're helping to reach out to more people who are fighting against poverty, social injustice, conflict, and climate disasters. www.cafod.org.uk/Give/Spring-Raffle

Permanent Deacon: Rev. Martin Sanderson
Parish Music team: Judy Reid, Kathleen Edmunds & William Preddy.
Parish Safeguarding Representative: Kathleen Edmunds

GOSPEL REFLECTION FOR THE 4TH SUNDAY IN ORDINARY TIME



Think Again!

Today we listen to Jesus' most famous sermon; a list of promises to the poor, the meek and the merciful that we now call 'The Beatitudes'. "Blessed are the poor in spirit for theirs is the Kingdom of Heaven," promises Jesus, "Blessed are the meek, blessed are they who are persecuted for the sake of righteousness." Is Jesus telling us we can only be blessed if we make ourselves poor? Is he telling us to sit back meekly and let others walk all over us? Is Jesus encouraging us to go out and actively invite persecution and insult?

It's difficult to embrace Jesus' values because we have been brought up to value everything that Jesus does not. From an early age we have been taught to work hard at school so that we will get a good job and earn lots of money. We are scolded for not speaking up for ourselves and applauded for pushing ourselves forward. Our culture is all about winning, prestige and material success.

The challenge we find in the Beatitudes is to work contrary to our human instincts in order to find true happiness and fulfilment. Our instincts are to amass wealth, earn fame, and bask in our perceived self-importance. It is often our cowardly instinct to turn a blind eye to injustice or to fail to stand up for what we believe because we are afraid of ridicule. It is the instinct of governments to engage in conflict in the pursuit of material gain and power.

In his sermon, Jesus was not suggesting we live in dire poverty or become human doormats for the sake of it. Rather Jesus is asking us to look again at our values. We are asked to look at the things that we think will bring happiness. Jesus challenges us to think again.

Bitesize - We are each gifted in a unique and important way. It is our privilege and our adventure to discover our own special light. ~ Evelyn Dunbar



PARISH PRAYER – Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word and a new consecration to your service, that your love might grow among us and your kingdom come, through Christ our Lord, Amen.

For Live Streamed Masses Search for Dereham Catholic Church on YouTube, or use the following link:

<https://www.youtube.com/channel/UCR-qWs-B40VTvbzeZ83MxQ/videos?view=2&flow=grid>

The parish newsletter is available on the parish website from Friday each week.