

Sacred Heart & St Margaret Mary



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Sunday 26th February 2023 – 1st Sunday of Lent – Year A
[1st Week of Lent, Weekdays Year I, Psalter Week 1]

MASSES in the PARISH		
Saturday 25th February		
18.00	<i>First MASS of Sunday</i>	C. Coyne + (<i>Foundation Mass</i>)
Sunday 26th February		
09.00	MASS	1st Sunday of Lent For the People of the Parish
11.00	MASS <i>Live streamed</i>	Harry & Freda Wilkes + Lent Feria
Monday 27th February		
10.00	Morning Prayer & Rosary	Lent Feria
Tuesday 28th February		
10.00	Morning Prayer & Rosary	St. David, Patron of Wales (Feast)
Wednesday 1st March		
10.00	Morning Prayer & Rosary	Lent Feria
Thursday 2nd March		
10.00	Service of the Word & Exposition	Lent Feria. Lent Fast Day. World Day of Prayer.
Friday 3rd March		
11.00	Stations of the Cross	Lent Feria
Saturday 4th March		
18.00	<i>First MASS of Sunday</i>	E. Maguire (<i>Foundation Mass</i>)
Sunday 5th March		
09.00	MASS	2nd Sunday of Lent G. Maguire (<i>Foundation Mass</i>)
11.00	MASS <i>Live streamed</i>	For the People of the Parish

SACRAMENT OF RECONCILIATION: Saturday at 17.30
EXPOSITION: Thursday after Service of the Word

Anniversaries this week: Jolyon Hooley, Robert Secker, Dorothy Anne Gordon, Michael Joseph Carroll, Thomas Arbuthnot, Billy Reavey. *May their souls and the souls of all the faithful departed rest in peace.*

Hospital Visits: If you or any member of your family is admitted to the Norfolk and Norwich Hospital and would like to have a visit from a Catholic Priest, please inform a nurse on the ward and contact will be made through the Chaplaincy. If you are admitted to the Queen Elizabeth Hospital in King's Lynn, please contact Fr. Peter Rollings at the Presbytery on 01553 772220. If you would like to receive the Sacrament of the Sick before going into hospital, please contact Fr. Jay either by phone or by email.

Sick & Housebound [with GDPR Permissions] – Please pray for: Shirley Liebenhals, Frances Saville King, Derek Williams, Patsy Gray, Collette Barro-Nessian, Betty Reavey, Marion Ring-Davies, Fr. Brendan, William Dunn, Pauline Buckland, Gretta Cummings, Marco Johnson, Ena Marie Mifsud.

Missionary Society of St. Columban: Annual Mission Appeal 2023 – This weekend we welcome the Columban Missionaries, who will be celebrating Mass for us and sharing with us their cross-cultural mission work in Asia, the Pacific and Latin America and to seek our prayers and support for the spread of the Gospel overseas. More information on their work can be found on their website at www.columbans.co.uk. *There is a box at the back of church for donations.*

Stations of the Cross this Friday, at 11.00 a.m., followed by soup and rolls.

CAFOD Family Fast Day, 3rd March 2023 - CAFOD's Family Fast Day is an opportunity for us this Lent to eat simply, to pray and to give what we can. Take home a CAFOD envelope today and put in it whatever you save by fasting on Family Fast Day. Return the donation next weekend or soon after. You can use the CAFOD envelope to Gift Aid your donation, which boosts your donation by 25 per cent. The focus this Lent is to support those most affected by the climate change crisis.

World Day of Prayer – The World Day of Prayer is a worldwide movement of Christian women who come together to observe a common day of prayer held on the first Friday in March each year, and who, in many countries, have a continuing relationship in prayer and service. Women, men and children in more than 170 countries and regions will celebrate World Day of Prayer on Friday, 3rd March 2023. This year the women of Taiwan call us to worship together considering the words from Ephesians 1:15-19, “I have heard about your faith.” In Dereham, this year's World Day of Prayer service, prepared by the women of Taiwan, will take place at **Dereham Baptist Church at 2.00pm on Friday 3rd March**. Refreshments will be served after the service. For those of you who live in Mattishall, a service will also be taking place at **All Saints Church at 2.00pm**.

Money Matters: Offering for last Sunday: Plate £348.42. Thank you.

For those who would like to make their regular offerings by Standing Order, the information you need is: Account name: **Catholic Church of Dereham**. The Sort Code is: **40-20-08** and the Account number is: **11311115**. If you are a tax payer, please also consider **Gift Aid**. **Gift Aid forms** are available at the back of church. This is will help to maximize our donations in the Parish.

Parish Events this week		
Weds. 1 Mar.	After Morning Prayer & Rosary	SVP Coffee Morning – Emmaus Room. All welcome.
Weds. 1 Mar.	17.00-18.00	First Communion Class – Emmaus Room
Fri. 3 Mar.	19.15-20.30	Altar Servers' meeting – Emmaus Room.
Sundays	After 11.00 Mass	Youth Group Table Tennis – Emmaus Room
<i>Please note that the Saturday Youth Tennis and Tuesday Chess sessions are taking a winter break and will resume again in March 2023.</i>		

130 Club Renewals – A reminder to 130 Club ticket holders, if they have not already done so, to collect their envelopes from the letter rack at church and to ensure that their renewals are returned as quickly as possible and before the end of March at the latest. Thank you.

Parish Magazine – Any items for the next issue of the Parish Magazine would be welcomed, especially from Parish Groups on any forthcoming Spring/Summer activities that are being planned. Email items to elainewilkes182@btinternet.com by 3rd March. Thank you.

Permanent Deacon: Rev. Martin Sanderson
Parish Music team: Judy Reid, Kathleen Edmunds & William Preddy.
Parish Safeguarding Representative: Kathleen Edmunds

Lent Talks, BBC Radio 4 – Six people well-known in their fields reflect on the story of Jesus’ ministry and Passion. Listen on Wednesday evenings at 20.45.

GOSPEL REFLECTION FOR THE 1ST SUNDAY OF LENT

The Devil’s Attention



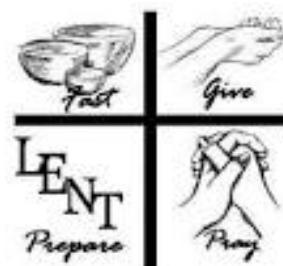
If we imagine that temptation never seems to come our way, could it be that we’re not worth the devil’s attention? We tend to think of temptation as something that will lead us into a life of crime or immorality, but temptation is

simply anything that threatens to take us away from God. If temptation never seems to come our way, perhaps it’s because we are not trying to be close to God in the first place.

Many of us fail to recognise temptation, and the reason we fail is because we don’t really know who we are or what we’re about. It’s surprising that we can get so far on in years without being about to answer simple questions like “What are you doing for God?” “How would you like to be remembered?” The reason we struggle with questions like these is because as human beings we are governed hugely by self-interest. Self-interest is essential for survival and it’s in all of us, but as Christians we have to put self-interest on a back burner and put in the time and effort into defining who we really would like to be. Once we have achieved this, then the devil’s temptations are suddenly crystal clear. After all, we can’t be tempted away from our path in life if we’ve no idea what our path in life is. If we have no plan, we are hardly worth the devil’s attention.

When we choose to give up something this Lent, perhaps it should be something that reflects the path we have chosen and the temptation we are trying to transcend. If we decide to give up red wine for instance, with the intention of dropping a couple of dress sizes, God won’t be hugely impressed and the devil won’t be remotely interested. If we give up wine because we have identified that it is stopping us from doing some important work of God’s making, our Lenten journey will take on a life changing significance. Jesus gives us an important clue; “Away with you, Satan! For it is written, ‘Worship the Lord your God, and serve only him.’” When we make our daily choices ask, “Is this about me.... or is it about God?”

Bitesize – “It’s not hard to make decisions when you know what your values are.” ~Roy Disney



For Live Streamed Masses Search for Dereham Catholic Church on YouTube, or use the following link:

<https://www.youtube.com/channel/UCR-qWs-B40VTvbzezZ83MxQ/videos?view=2&flow=grid>

The parish newsletter is available on the parish website from Friday each week.