

GOSPEL REFLECTION FOR THE MOST HOLY TRINITY

A God Who Doesn't Condemn

We only have to switch the TV on to know there is plenty of evil in the world, but in today's Gospel John reminds us that if we know and believe in God we can stand up to that evil and that we will never be condemned. If we believe in God we will be saved. But how do we even begin to know God? Do we think of a God who created the world billions of years ago but has been pretty quiet since? Do we think of God who sent his Son to save us, but only know it because the story sits in a bible up on the bookshelf? Or do we think of a God who made us, a God who sent his Son to teach us, and a God who sent his Spirit to guide us through each day of our lives and through each generation that walks the earth?

The Trinity might be a bit of a theological mystery to us, but that doesn't mean to say that we are not able to understand anything of God. We understand God in three ways; as Father and creator, as Son and redeemer, and as God's Spirit left to guide and strengthen us.

God the Father is all around us. God's miracles are in front of our eyes when we wake up in the morning and in the night skies before we go to sleep. We live on the only planet able to support life in our universe. God's miracles are there for all to see in our breath-taking landscapes, in our oceans teeming with life and in mankind itself. How often do we stop to praise God's creation or appreciate the miracles that surround us?

God the Son came to teach us with stories and signs. He came to reveal God's plan for us. God the Son came to show us the way to God the Father. God's Son came to us in a great manifestation of God's love. "God so loved the world that he sent his only Son, so that everyone who believes in him might not perish but might have eternal life."

The Spirit of God is the part of God left to guide us and lead us. The Holy Spirit is something we can completely forget about ... or something we can call on every day, in every choice and in every decision we make. Believing in God means that we are never condemned. Belief begins with knowing God the Father, God the Son and God the Holy Spirit in every part of our lives.

Bitesize - 'We are not human beings having a spiritual experience. We are spiritual beings having a human experience.' ~Pierre Teilhard de Chardin



PARISH PRAYER – Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word and a new consecration to your service, that your love might grow among us and your kingdom come, through Christ our Lord, Amen.

Permanent Deacons: Revs Martin Sanderson & Richard Jones
(deaconrick@sacredheartdereham.org.uk)

Parish Music team: Judy Reid, Kathleen Edmunds & Paul McIntee.

Parish Safeguarding Representatives: Paul McIntee

Sacred Heart & St Margaret Mary



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Sunday 31st May 2026 – The Most Holy Trinity

[Sundays Year A, 9th Week of the Year, Weekdays Year II, Psalter Week 1]

MASSES in the PARISH

Saturday 30th May	Feria	
18.00		For the People of the Parish
Sunday 31st May	THE MOST HOLY TRINITY (Solemnity)	
09.00	MASS	Ciji Cyriac (Thanksgiving) (CC)
11.00	MASS <i>Live streamed</i>	Peter & Mary Salmon (SC)
Monday 1st June	St Justin	
-	No Mass	
Tuesday 2nd June	Feria	
10.00	MASS	Fr Harry Wace + (Fdn)
19.00	MASS	Confirmation Mass
Wednesday 3rd June	Ss Charles Lwanga & Comps	
10.00	MASS	Judy Reid (Healing) JM
Thursday 4th June	Feria	
10.00	MASS	G Maguire (Fdn)
Friday 5th June	St Boniface	
-	No Mass	
Saturday 6th June	Feria	
18.00	<i>First MASS of Sunday</i>	Judy Reid (Healing) PG
Sunday 7th June	THE MOST HOLY BODY AND BLOOD OF CHRIST (CORPUS CHRISTI) (Solemnity)	
09.00	MASS	For the People of the Parish
11.00	MASS <i>Live streamed</i>	John Salmon (Healing) (SC)

SACRAMENT OF RECONCILIATION: Thursday after 10.00 Mass and Saturday at 17.30
EXPOSITION & BENEDICTION: Thursday after Mass

Rosary & Morning Prayer are said weekdays before Mass from 09:15.

Please note the 18.00 and 11.00 weekend Masses are normally sung.

For Live Streamed Masses Search for Dereham Catholic Church on YouTube, or use the link on the parish website.

The parish newsletter is available on the parish website from Friday each week.

Anniversaries this week: Ann Rolph, Robert Woolward, Mr Goodenough, Frances Hunt, Bill Shaw, Joan Stimson, Ivan Lyons, Irene Ann Knight, James Farmer, David Thompkins, Fr Thomas K Phillips (2nd Priest Dereham). *May their souls and the souls of all the faithful departed rest in peace.*

Hospital Visits: If you or any member of your family is admitted to the Norfolk and Norwich Hospital and would like to have a visit from a Catholic Priest, please inform a nurse on the ward and contact will be made through the Chaplaincy. If you are admitted to the Queen Elizabeth Hospital in King's Lynn, please contact Fr. Peter Rollings at the Presbytery on 01553 772220. If you would like to receive the Sacrament of the Sick before going into hospital, please contact Fr. Jay either by phone or by email.

Sick & Housebound [with GDPR Permissions] – Please pray for: Derek Williams, Patsy Gray, William Dunne, Pauline Buckland, Katherine Vella, Frank Vella, Pauline Organ, Pat Grout, George Mealy, Peggy Mealy, Richard Allison, Marion Ring-Davies, Patsy Thompson, Ann McWilliams, Margaret Glendon-Doyle, Mila Kaunaite, Anne Sibley, Hillary Bushell, Ann Williams, Matthew Williams, Ken Wood, Frank Crawley, John Salmon.

Money Matters: Offerings for the week was as follows:
Plate Collection 24th May 2026: £259.33.

Bank Details. Our new banking details are: The Sacred Heart Church, S/C 52-41-29, A/C 44725132. The change-over occurred 1st April 2026. When amending your Standing Order details please use **Offertory** as the only entry in the **Reference** box. Please only use **Stipend** or **Donation** for payments that are extra to your regular offering. Any queries please send to treasurer@sacredheartdereham.org.uk. If a tax payer, please consider Gift Aid (forms at back of church, or contact Rex Baker: Telephone 01362 694801 or email rexbaker27@btinternet.com). This will help to maximize donations.

Upcoming Parish events:

Diary for week Sunday 31st May - Saturday 6th June 2026	
Sunday: 1200	Pentecost Celebration – Emmaus Room
Monday: 1900 - 2030	AA Group Meeting - Emmaus Room
Thursday: 1730 - 1830	First Communion Session – Emmaus Room
Parish Garden Club – To volunteer, please contact Sonia on 07985 521578.	

Word of Thanks:

- We thank Ken Summerford for kindly making a bench near the garden from unused wooden planks. Please do make use of it.
- We also thank Kevin Pugh for repairing the toilet door lock.
- The gardeners for their wonderful work in our Garden of Healing.

Month of the Sacred Heart

June is traditionally the month when Catholics are urged to show special devotion to the Sacred Heart of Jesus. Devotion to the Sacred Heart is the celebration of God's love for us. The Sacred Heart is the symbol of the eternal love by which "God so loved the world, that He gave His only begotten Son". (Jn 3:16)

Cycle of Prayer/40 Hours/Prayers for Vocations: 9th Week of the Year - Parish 13 - Sacred Heart and St Margaret Mary, Dereham.

Prayer for Vocations: "Father, in your plan for our salvation you provide shepherds for your people. Fill your Church with the spirit of courage and love. Raise up worthy ministers of your altars and ardent but gentle servants of the gospel."

Confirmation Mass - Tuesday 2nd June at 7pm



Bishop Peter Collins will be celebrating the Confirmation Mass. Congratulations to Ashline, Chinaza, Kayla, Oskar, Wojtek, Juvencio, Megan, Yazmin, Eirica and Keylah, who will be receiving the Sacrament of Confirmation. Please keep the candidates in your prayers.

Upcoming Church Calendar Events:

- 7th June - 1st Communion
- 12th June - **The Most Sacred Heart of Jesus**, *Parish Patronal Feast*
 - 1100 Mass
- 26th June - **Diocesan Jubilee Year Celebration**
 - 1130 at St John the Baptist Cathedral, Norwich.

Unwrapping the Feast Days: Coming up are several important Celebrations in the Church calendar. Come and explore their meaning with Kevin and Rachel at the Old Hall, Dereham (07974 393470). Ring for directions and confirm you are coming. All are welcome. Scheduled meetings are:

- 23 Jun 26 at 7 pm - Unwrapping the Solemnity of Saints Peter and Paul.
- 4 Aug 26 at 7 pm - Unwrapping the Feast of the Transfiguration of the Lord.
- 11 Aug 26 at 7 pm - Unwrapping the Solemnity of the Assumption of the Blessed Virgin Mary.

Annual Mission Appeal: 13th - 14th June 2026, Sisters of St Peter Claver

We shall be having a Mission Appeal by the Sisters of St Peter Claver on the 13th - 14th June 2026 in all Masses. If we could give generously to support their community in their mission.

Coffee and Tea - Thursdays after Mass during the week and Sundays in all Masses. Our Indian friends will serve tea and coffee on the 7th June after the 1100 Mass.