

GOSPEL REFLECTION FOR PENTECOST SUNDAY

The Inner You

It is clear that we are not all born the same. We look at people who have achieved great things and imagine that they must have been born with a better brain or more talent. We look at people who do extraordinary things and imagine they must possess greater depths than we possess. These extraordinary people must have greater courage, greater determination or a clearer vision than we have. Is it just possible that we are not getting the full picture?

It is clear that we are not all born the same, and it is also clear, that as human beings, however hard we work we will always come up against our own limitations. As human beings there will always be times when we are hindered by fear, doubts and inadequacies. It's at times such as these that the Holy Spirit can step in and fire our humble human efforts. When we allow ourselves to be led by the Holy Spirit, great things are going to happen. Faith in the Spirit can't help but move us in the right direction. People like Mother Teresa of Calcutta would never have put her success down solely to her own human endeavour. Any praise she might have received would have been sent straight back to God.

On this, the Church's birthday, we share a very exciting link with those very first disciples. We are each given gifts and talents which we must share to best advantage. At Pentecost we are given tremendous insight into God's plan. We were not all born the same but we are all given the same twenty four hours in a day. All we need to do to overcome our limitations is to ask the Holy Spirit to galvanise our human effort and involve us in Jesus' saving deeds.

Happy Birthday Church

The feast of Pentecost is often referred to as the birthday of the Church? It's called that because Pentecost is when the apostles went out among the people and began spreading Jesus' message, thus establishing the beginning of the Church. On this day we are asked to pray for the Church and her continued growth.



PARISH PRAYER – Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word and a new consecration to your service, that your love might grow among us and your kingdom come, through Christ our Lord, Amen.

Permanent Deacons: Revs Martin Sanderson & Richard Jones
(deaconrick@sacredheartdereham.org.uk)

Parish Music team: Judy Reid, Kathleen Edmunds & Paul McIntee.

Parish Safeguarding Representatives: Paul McIntee

Sacred Heart & St Margaret Mary



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Sunday 24th May 2026 – Pentecost Sunday

[Sundays Year A, 8th Week of the Year, Weekdays Year II, Psalter Week 4]

MASSES in the PARISH

Saturday 23rd May	Easter Feria
18.00	For the People of the Parish
Sunday 24th May	PENTECOST SUNDAY (Solemnity)
09.00 MASS	Anisha Cyriac + (CC)
11.00 MASS <i>Live streamed</i>	Cyriac/Jessy (Wedding Anniversary) (CC)
Monday 25th May	Mary, Mother of the Church
- No Mass	
Tuesday 26th May	St Philip Neri
10.00 MASS	Pat Sutton + (GM)
Wednesday 27th May	St Augustine of Canterbury (Feast)
10.00 MASS	Terri Sanderson + (GM)
Thursday 28th May	OUR LORD JESUS CHRIST, ETERNAL HIGH PRIEST (Feast)
- No Mass	
Friday 29th May	Feria
- No Mass	
Saturday 30th May	Feria
18.00 <i>First MASS of Sunday</i>	For the People of the Parish
Sunday 31st May	THE MOST HOLY TRINITY (Solemnity)
09.00 MASS	Ciji Cyriac (Thanksgiving) (CC)
11.00 MASS <i>Live streamed</i>	Peter & Mary Salmon (SC)

SACRAMENT OF RECONCILIATION: Thursday after 10.00 Mass and Saturday at 17.30
EXPOSITION & BENEDICTION: Thursday after Mass

Rosary & Morning Prayer are said weekdays before Mass from 09:15.
Please note the 18.00 and 11.00 weekend Masses are normally sung.

For Live Streamed Masses Search for Dereham Catholic Church on YouTube,
or use the link on the parish website.

The parish newsletter is available on the parish website from Friday each week.

Anniversaries this week: Florence Sayer, Thomas Eden, John Joseph Nally, Annie Murtagh, Joan Pagano, Hilda Crick, Joan Pagano, Alexandro Eldred, Irene Jackowski. *May their souls and the souls of all the faithful departed rest in peace.*

Hospital Visits: If you or any member of your family is admitted to the Norfolk and Norwich Hospital and would like to have a visit from a Catholic Priest, please inform a nurse on the ward and contact will be made through the Chaplaincy. If you are admitted to the Queen Elizabeth Hospital in King's Lynn, please contact Fr. Peter Rollings at the Presbytery on 01553 772220. If you would like to receive the Sacrament of the Sick before going into hospital, please contact Fr. Jay either by phone or by email.

Sick & Housebound [with GDPR Permissions] – Please pray for: Derek Williams, Patsy Gray, William Dunne, Pauline Buckland, Katherine Vella, Frank Vella, Pauline Organ, Pat Grout, George Mealy, Peggy Mealy, Richard Allison, Marion Ring-Davies, Patsy Thompson, Ann McWilliams, Margaret Glendon-Doyle, Mila Kaunaite, Anne Sibley, Hillary Bushell, Ann Williams, Matthew Williams, Ken Wood, Frank Crawley, John Salmon.

Money Matters: Offerings for the week was as follows:
 Plate Collection 17th May 2026: £352.65.
 Second Collection for World Communications Sunday 17 May 26: £56.00
 Plant Sale 16th/17th May 26: £209.20.

Bank Details. Our new banking details are: The Sacred Heart Church, S/C 52-41-29, A/C 44725132. The change-over occurred 1st April 2026. When amending your Standing Order details please use **Offertory** as the only entry in the **Reference** box. Please only use **Stipend** or **Donation** for payments that are extra to your regular offering. Any queries please send to treasurer@sacredheartdereham.org.uk. If a tax payer, please consider Gift Aid (forms at back of church, or contact Rex Baker: Telephone 01362 694801 or email rex baker27@btinternet.com). This will help to maximize donations.

Upcoming Parish events:

Diary for week Sunday 24 th May - Saturday 30 th May 2026	
Sunday: 1200	Pentecost Celebration – Emmaus Room
Monday: 1900 - 2030	AA Group Meeting - Emmaus Room
Tuesday: 1900	Study Group Meeting – Old Hall, Dereham
Parish Garden Club – To volunteer, please contact Sonia on 07985 521578.	

Missio Red Charity Boxes – Would the Missio Red Box holders please return the boxes for counting and banking. Thank you.

No Mass on Thursday 28th May - There will not be a Mass on 28 May 26, due to the Celebration of Priesthood at Poringland.

Upcoming Church Calendar Events:

- **24 May – Pentecost Sunday.** Following the 1100 Mass, we are warmly invited to a small celebration for the Solemnity of Pentecost Sunday in the Parish Garden of Healing. All are welcome, and bringing food to share would be greatly appreciated. A list for food contributions is available at the back of the Church.
- 2nd June - **Confirmation**
- 7th June - **1st Communion**
- 12th June – **The Most Sacred Heart of Jesus, Parish Patronal Feast**
 - 1100 Mass

Parish Study Group - Unwrapping the Feast Days: Kevin and Rachel Pugh are providing faith study sessions, at their Dereham home, open to all parishioners:

Coming up are several important Celebrations in the Church calendar. Come and explore their meaning, pre-read the Gospel and share your insights or questions in a friendly group, at 7 pm on Tuesdays at the Old Hall, Dereham (07974 393470). Ring for directions and confirm you are coming. All are welcome. First scheduled meetings are:

- 26 May 26 at 7 pm - Unwrapping the Solemnity of the Most Holy Trinity.
- 23 Jun 26 at 7 pm - Unwrapping the Solemnity of Saints Peter and Paul.
- 4 Aug 26 at 7 pm - Unwrapping the Feast of the Transfiguration of the Lord.
- 11 Aug 26 at 7 pm - Unwrapping the Solemnity of the Assumption of the Blessed Virgin Mary.

Annual Mission Appeal: 13th - 14th June 2026 , Sisters of St Peter Claver

We shall be having a Mission Appeal by the Sisters of St Peter Claver on the 13th - 14th June 2026 in all Masses. If we could give generously to support their community in their mission.

Wedding of Alex Holley and Lia Simpson 27th June 2026 at 1130 hours - Alex and Lia warmly invite the whole Parish community to their marriage ceremony, which will take place on Saturday 27th June at the Sacred Heart Church, Dereham.

Forming Catholic Student leaders, Singles' Retreat - For more details, visit:

www.christianleadershipformation.com and a 1-page PDF summary for circulation can be downloaded here.

Plant Sale 16th/17th May 26 – Our sincere thanks to Helen Wood for organising this year's Plant Sale, which has raised a generous amount for the Parish.

And a huge Thank You from Helen to everyone who donated pots and plants for last weekend's plant sale.