

PARISH OF THE SACRED HEART  
AND ST.MARGARET MARY, EAST DEREHAM, NORFOLK

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**MAY 25<sup>th</sup> 2014 : SIXTH SUNDAY OF EASTER**

**Sunday Masses**

Saturday 6.0pm Int. For the People  
Sunday 9.0am Int. For Vocations  
11.0am Int. +Alex Eldred

p.385 of The Sunday Missal.

**Weekday Masses**

Monday ST.PHILIP NERI  
10.0am Int. For Vocations  
Tuesday FEAST OF ST.AUGUSTINE OF  
CANTERBURY  
10.0am Int. A Special Intention  
Wednesday EASTER FERIA  
2.30pm Int. For the Sick  
Thursday EASTER FERIA  
No services today  
Friday ST.WALSTAN  
10.0am Int. Manuel Sanchez  
Saturday FEAST OF THE VISITATION  
OF THE B.V.M.  
10.30am Int. +Fr.Harry Wace  
6.0pm Int. For the People

**At the 6.0pm Mass** **Eucharistic Prayer 2**  
*Sanctus & Benedictus* Parish Mass Book p.25  
Hymns (*Regina Coeli*) 287, 898  
**At the 9.0am Mass** **Eucharistic Prayer 3**  
*Sanctus & Benedictus* Parish Mass Book p.25  
Hymns 283, 807, 938  
**At the 11.0am Mass** **Eucharistic Prayer 2**  
*Gloria* Sacred Heart  
*Sanctus & Benedictus* Parish Mass Book. p.25  
Hymns 601, 644, (*Regina Coeli*) 647  
The Psalm Response for all of the Masses is  
printed at the bottom of the page.

*This Sunday the quarter-hour Exposition of the  
Blessed Sacrament before Mass will precede the  
9.0am Mass. Next Sunday, it will take place before  
the 11.0am Mass.*

**Sacrament of Reconciliation**

Saturday Noon and 5.30pm, or by appointment.

**Exposition and Adoration of the Blessed  
Sacrament**

Tuesday 10.30am; Benediction at 11.0am.

The Rosary Friday 10.30am

**The Divine Office**

The Office is said a quarter of an hour before the  
Mass on Weekdays. This week we use Psalter  
Week 2

The Mass today The readings can be  
found on p.268 of the Parish Mass Book, and on

In Eastertide, we sing *REGINA COELI* in place of  
*ANGELUS* :

*Joy to thee. O Queen of Heaven, Alleluia!*

*He whom thou wast meet to bear, Alleluia!*

*As he promised, hath arisen, Alleluia!*

*Pour for us to Him thy prayer, Alleluia!*

*R. Rejoice and be glad, O Virgin Mary, Alleluia!*

*V. For the Lord is risen indeed, Alleluia!*

*Let us pray.*

*O God, who by the Resurrection of thy Son, Our  
Lord Jesus Christ, hast vouchsafed to bring joy to  
the whole world, grant, we beseech thee, that  
aided by the prayers of his Mother, the Virgin  
Mary, we too may come to the joys of everlasting  
life. Through the same Christ our Lord. Amen.*

**TODAY  
SUNDAY, MAY 25TH**

**The Holy Father has asked for prayer between  
3.0pm & 4.0pm today, when he will be in the  
Holy Land.**

**Our Bishop has urged that there should be a  
one-hour Exposition of the Blessed Sacrament,  
and we will offer this both for the Holy Father,  
and for Vocations, since  
this week it is the turn of this Parish to lead the  
prayers of the diocese for Vocations.**

**During the Hour of Prayer  
there will be at**

**3.10pm Rosary,  
3.30pm Vespers,**

**and at 3.50pm Benediction**

**Try to take part in at least a part of this hour.**

**ALSO THIS WEEK**

**Monday** 7.30pm Queen of Peace Prayer Group. at the Presbytery. All welcome.

**Wednesday** 2.30pm Quarterly Mass for the Sick, with the Sacrament of Anointing. Do come to pray with and for the sick and housebound.

**Saturday** No Saturday Club or Childrens' Mass today, as the schools remain on holiday.

**Next Sunday** we celebrate the Ascension of the Lord.

**PARISH NOTICEBOARD**

**Anniversaries** John Nally (1991), Annie Murtagh (1999), Jaon Pagano (2000), Hilda Crick (1996), Alexandro Eldred (1998), and Irene Jackowski (2001). May they Rest in Peace.

**Money Matters** Last Sunday, £488.08 was given at the Offertory. Next Sunday, there will be a retiring collection for the Catholic Communications Network. The Lent Boxes for *LET THE CHILDREN LIVE!* raised a total of £150. Many thanks to those who took Lent Boxes.

**Gift Aid** Rex Baker writes 'Could parishioners

who are members of the parish Gift Aid scheme let me know if there has been any change in their payment of income tax for the financial year 2013-2014. In the absence of any such information, I will assume that you are still tax payers, and the Parish will reclaim tax from HMRC on the offertory donations you have made over the last financial year. My telephone number is 01362 694801, or e-mail [rexandrebecca@btinternet.com](mailto:rexandrebecca@btinternet.com).

**For Young Adults** The Diocesan Director of Vocations has sent word of a Festival for people aged 16-30 being held at Oscott, Birmingham on the weekend July 4th-6th. Over five hundred people are expected to take part in this weekend of Faith and Fellowship. The diocese is arranging transport, and the parish would pay the fee for anyone who would like to attend. Please ask Fr.John for further details.

**THE RIGHT FRAME OF MIND**

'Frame of mind' is an odd expression, but I think we all know what it means : it is to do, I suppose, with our attitude towards things, and how we approach them. And also perhaps with what is appropriate to a particular situation or subject : in particular, being positive and confident about the things which we really should feel positive and confident about.

It is particularly important, I think, that we approach prayer and worship in 'the right frame of mind'. We know how easy it is to feel sluggish when it is time for Mass or for our daily prayer-time. To approach these life-giving activities with resentment, and a feeling that we'd rather be doing something else ; to see prayer and worship as a chore ( if not a bore ) – a duty to be got through. But this is not a good frame of mind in which to approach worship and prayer, and it is certainly not an appropriate one. Rather we should seek to have a feeling of anticipation, and an eagerness. To be invited into the presence of the living God, and the one who, in addition, loves, understands, and cares for us is something to relish and savour. It is an adventure, too : we don't know what God is going to reveal to us about himself – or about our own self. The Psalmist says 'O enter then his gates with praise'. May we have grace to do so.