GOSPEL REFLECTION FOR THE FIFTH SUNDAY OF EASTER



Love Is Catching

Does it ever seem to you that Jesus can be a little unrealistic? Today Jesus tells us "I give you a new commandment, that you love one another. Just as I have loved you, you also should love one another." But how can we go round loving everyone we meet? Isn't love reserved to those closest to us ... our parents, children, and partners? Harder still, how can we love as

Jesus loved? Jesus loved us to the point of death. Surely following this kind of example is a very tall order!

The main thing to remember in following Jesus' teaching is that he wouldn't ask anything of us that we couldn't do. Secondly, we might not be ready to love each other to the point of death, but Jesus gives us plenty of other lessons in how to love. We're not talking some impossible ideal or some form of idealistic behaviour. We simply need to recognise, as Jesus recognised that love is a basic human need. Jesus had a talent for seeing everyone as an individual. We too need to see people as individuals rather than lump them together into categories. We too need to recognise need and respond accordingly. Loving someone is a decision we make rather than the harbouring of fluffy romantic sentiments found in greeting cards. Loving someone is about serving the need to be liked, appreciated, forgiven or helped. We follow Jesus' lessons in love every time we seek to alleviate someone else's suffering ... every time we reject violence and retaliation every time we make a stand against neglect or greed or apathy.

There are plenty of people who are already living their lives by Jesus' example. These people are shining examples of discipleship, not be what they say but by how they behave. Have you ever been filled with so much respect for someone that you wanted to imitate them? If you start to behave in the same way it won't be long before others are looking up to you as a role model. Watch out love is catching.

Bite Size

"A good character is the best tombstone. Those who loved you and were helped by you will remember you when forget-me-nots have withered. Carve your name on hearts, not on marble." - Charles H. Spurgeon

PARISH PRAYER - Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word, and a new consecration to your service; that your love might grow among us and your Kingdom come. Through Christ our Lord. Amen

Useful links: Diocesan Website: http://www.rcdea.org.uk

Notre Dame High School, Norwich: Website http://www.ndhs.org.uk

PARISH OF THE SACRED HEART AND ST MARGARET MARY [Reg. Charity 278742]

Parish Priest: Fr. Brendan Moffatt - email: brendanmoffatt@yahoo.co.uk Address: The Presbytery, 35 London Road, Dereham NR19 1AS **Telephone**: 01362 694066.

Parish website: http://www.sacredheartdereham.org.uk

Permanent Deacon: Rev. Martin Sanderson - Tel: 01362 822590

email: dcnmsanderson@hotmail.com

Parish Music Leader: Michael King - email michaeljwking@gmail.com

24TH APRIL 2016 - 5TH SUNDAY OF EASTER

Sunday Masses – Page 271 of Parish Mass Book				
Saturday	6.00 pm	Hugh Rogers		
Sunday	9.00 am	People of the Parish		
	11.00 am	Manuel Do Monte de Abreu		

Music for Sunday Masses - Setting: Dom Gregory Murray Mass

Entry 6pm - Regina Coeli (said); Hymn 821 - The kingdom of God is justice and joy ...

Offertory Hymn 627 – This is my body, broken for you ...

Communion Instrumental Interlude/Sacred silence ...

Recessional 11am - Regina Coeli (said); Hymn 920 - A new commandment I give unto you

CONFESSION/RECONCILIATION - Saturday at 5.30 - 5.55 pm

Weekday Mass Times (5 th week of Easter) [Psalter Week 1]			
Mon.	10.00 am	Michael Rownan - St Mark, Evangelist	
Tues.	No Mass today	- Easter Feria	
	7.30 pm	Queen of Peace Prayer Group – in Emmaus Room	
Weds.	10.00 am	Phyllis Dooley - Easter Feria	
Thurs.	10.00 am	Tim Salter (*Fdn.) - Easter Feria	
Fri.	10.00 am	Rose Bere (*Fdn.) – St Catherine of Siena, Patron of Europe	
	5.45 pm	Exposition of the Blessed Sacrament & Silent Prayer	
	6.15 pm	Evening Prayer (Vespers)	
Sat.	10.30 am	Donor's Int. – Easter Feria	
	6.00 pm	Donor's Int. – 6 th Sunday of Easter	

(*Fdn. = Foundation Mass)

The Parish Newsletter (incl. back copies) is available to view on the parish website from Friday onward each week.

Anniversaries this week: Howard Leslie, John Woodhouse, Theo Sandars, Fr. Guy (Vincent) Wace, Timothy Salter, Eddie Wilde, Roger Gerald Clancy, James Tinney, Mary Gatt and Sarah Courtney. *May their souls and the souls of all the faithful departed rest in peace*.

Hospital Visits – If you or family members are admitted to the Norfolk & Norwich Hospital (NNUH) or Queen Elizabeth II Hospital (QEII), King's Lynn, and would like a visit from the Roman Catholic Chaplain, please call either St John's Cathedral, Norwich (01603 624615) for visits to NNUH, or Fr Peter Rollings (01553 772220) for visits to QEII. If you would like to receive the Sacrament of Anointing of the sick before going to hospital, please contact Fr. Brendan on 01362 694066.

Sick List – Please pray for: Joan Blakiston, David Peek, Michael Reavey, Robert Nicol, Doreen Kanssen, Shirley Liebenhals, Sarah Chaudri, Anne & Derek Williams, David & Anna Thompkins, Michelle Smith, Rita Smith, Rhonda Darby, Eileen Brockleby, Pat Howe, Kathleen (Jenny) Rudd and Pat Grout.

Recently Deceased – Please remember Pam Clark and Fred Lennon in your prayers. They both died during the week.

Money Matters – The collection last weekend was £447.78 and the retiring collection for the Priests' Training Fund was £336.91 . Thank you for your generosity. Late donations for the Priests' Training Fund will always be gratefully received.

130 Club March Draw – Quarterly Prize £25 – Rita Knocker; 1st Prize £20 – Diane Rosi; 2nd Prize £15 – Terri Sanderson; 3rd Prize £10 – Joan Wells; 4th Prize £10 – Robbie Meehan; 5th Prize £10 – Janice Tinney.

Diary Dates for this week -

- Fri. 29th Apr. Altar Servers meet 7.15pm in Emmaus Room.
- Sat. 30th Apr. Saturday Club meets 11.00am in Emmaus Room.

Saint Mark - **25th April** - Mark fulfilled in his life what every Christian is called to do: proclaim to all people the Good News that is the source of salvation. In particular, Mark found his vocation in writing. Others may proclaim the Good News by music, drama, poetry, or by teaching children around a family table.

Holiday – I will be away on holiday from May 2nd to May 16th. Fr. Michael Griffin will celebrate the weekend Masses while I am away. He is currently looking after Fakenham and will stay there during the week. I will transfer the telephone line to Deacon Martin and items for the newsletter should be given or sent to Elaine Wilkes (email: elainewilkes182@btinternet.com). I will be visiting some friends in the U.S.A.

Teaching Vacancy - St Martha's Catholic Primary Sch. Kings Lynn - Deputy Headteacher (Non teaching), Required for September 2016. Leadership Pay Range 7- 11. For more details Please visit Diocesan or school website: www.rcdea.org.uk or http://www.stmarthas.norfolk.sch.uk

Walsingham – The Basilica of Our Lady of Walsingham is seeking a Receptionist for four days a week (Friday-Monday), to work in the guesthouse of the Basilica and located in the Friday Market Place, Walsingham. Please see the poster at the back of church for more details. Applications to be received by 3rd May with interviews being held on 11th May.

Pilgrimage to the Holy Land - Travelling from Luton with return flights, all transport in the Holy land, entrance fees, guiding and gratuities. Staying in 3* accommodation on a half-board basis visiting the Holy Places and meeting the local Christian community. From 17th to 24th October 2016. Cost £1350 per person sharing a twin room. Single rooms are available. For more details or to book: info@pilgrimagepeople.org or call free on 0800 6123423.

Diocesan Summer Camp 2016 – At Eccles Hall from Fri. 26th August to Mon. 29th August 2016 - For applicants aged between 8 yrs to 14 yrs of age. Cost £83.00. To reserve a place on Camp a fully completed application form together with a deposit of £25 is required by 31st May 2016. Early booking is recommended. A separate application form is required for each child. For more information, see the application forms and poster at the back of church.

Whilst costs have to be met, the summer camp team are eager that any child who wishes to attend the Camp is able to do so and if the fee causes financial difficulty for any parent/guardian (particularly when more than one of your children are coming along) they are encouraged to contact Chris Storman (tel: 01493 717121 or chrissies18@hotmail.com) or Lorraine Furmedge at diocesansummercamps@gmail.com Similarly if any parishioner would like to sponsor a child to attend camp, or make a contribution towards the camp, then again please contact Chris or Lorraine.

In Eastertide, we recite REGINA COELI in place of the ANGELUS :

Queen of heaven, rejoice, Alleluia.

For he, whom you did merit to bear, Alleluia,
Has risen as he said, Alleluia.
Pray for us to God, Alleluia.

Rejoice and be glad, O Virgin Mary, Alleluia.
For the Lord has truly risen, Alleluia.

Let us pray:

O God, who gave joy to the world through the resurrection of your Son, our Lord Jesus Christ, grant we beseech you, that through the intercession of the Virgin Mary, his mother, we may obtain the joys of everlasting life, through the same Christ our Lord.

Amen.