

A PRAYER TO BE SAID AT THE END OF EACH MASS AND TO BE GIVEN TO ALL WHO ARE SELF ISOLATING

God our Father, Creator of the world, almighty and merciful, out of love for us You sent your Son into the world as the doctor of our souls and our bodies, look upon your children who, in this difficult time of confusion and dismay in many regions of Europe and the world, turn to you seeking strength, salvation and relief, deliver us from illness and fear, heal our sick, comfort their families, give wisdom to our rulers, energy and reward to our doctors, nurses and volunteers, eternal life to the dead. Do not abandon us in the moment of trial but deliver us from all evil. We ask this of Thee, who with the Son and the Holy Spirit, live and reign for ever and ever. Amen. Mary, mother of health and hope, pray for us!

AN ACT OF SPIRITUAL COMMUNION

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

Mass over the Internet: There is live streaming of Mass over the internet – S Laurence’s Cambridge and The National Shrine at Walsingham. The cathedral is putting something in place over the next week or so.

The Re-dedication of England as the Dowry of Mary: Sunday, 29th March 2020 – The first dedication was made by King Richard II in Westminster Abbey as he sought the protection of Our Lady in the face of great political turmoil. At this point, England received the title ‘Mary’s Dowry’, meaning that England was ‘set aside’ as a gift, a dowry, for Our Lady under her guidance and protection. On Sunday, 29th March, the Re-dedication will take place throughout our country. As King Richard II once gave England as a gift to Our Lady for her guidance, so we, too, seek Mary’s protection and prayers, giving ourselves through this act of dedication. We respond to this invitation on the day of the Re-dedication, in two ways: **A personal promise** – by praying the Angelus Promise, a prayer in which we say ‘yes’ in union with our Lady through the words of the Annunciation; and **A Communal Entrustment** – As the people, we will, once again, renew the vows of dedication made to Mary by King Richard II, praying together the Act of Entrustment. More details in next week’s Newsletter.



PARISH PRAYER – Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word and a new consecration to your service, that your love might grow among us and your kingdom come, through Christ our Lord, Amen.

Useful links: Diocesan Safeguarding – <https://www.rcdea.org.uk/safeguarding/>
Diocesan Website – <http://www.rcdea.org.uk>
Notre Dame High School, Norwich – <http://www.ndhs.org.uk>
Daily Liturgy Website – www.universalis.com

PARISH OF THE SACRED HEART AND ST. MARGARET MARY
[Registered Charity 278742]

Parish Priest: Fr. Brendan Moffatt – Telephone: 01362 694066

Email: Brendan.Moffatt@rcdea.org.uk

Address: The Presbytery, 35 London Road, Dereham NR19 1AS

Parish Website: <http://www.sacredheartdereham.org.uk>

Permanent Deacon: Rev. Martin Sanderson: Tel: 01362 822590

Email: martin.sanderson@rcdea.org.uk

Parish Music Leader: Michael King: Email: michaeljwking@gmail.com

Parish Safeguarding Representative: Kathleen Edmunds:

Email: kathleenedmunds@yahoo.com

22ND MARCH 2020 – 4TH SUNDAY OF LENT (*Lætare Sunday*) – Year A

In response to the Coronavirus pandemic and in accordance with the instructions from the Catholic Bishops Conference of England and Wales, from now until further notice, there will be NO PUBLIC MASS, but each weekday I will celebrate Mass for the people of the parish without a congregation present at Midday and at 11.00am on Sundays. The church will be open for private prayer during daylight hours. I strongly recommend *Universalis* for access to the Mass Readings and the Prayer of the Church: <http://www.universalis.com>. We can still be a prayerful community during this crisis.

Liturgical Calendar for the week ahead	
4 th Week of Lent, Weekday Year II, Psalter Week 4	
Mon. 23 rd March	Lent Feria
Tues. 24 th March	Lent Feria
Weds. 25 th March	The Annunciation of the Lord
Thurs. 26 th March	Lent Feria
Fri. 27 th March	Lent Feria
Sat. 28 th March	Lent Feria
Sun. 29 th March	5 th Sunday of Lent

Anniversaries this week – Anna Platt, Alex Siedlecki, Margaret Bowles, Sheelah de Chenu, Basil Howard, Frank Broom, Hazel O’Connor, Helena Josephine Bennett, Michael Casey, Sidney Carter, Antonio Pereira. *May their souls and the souls of all the faithful departed rest in peace.*

Confession/Reconciliation: Saturday at 5.30pm, or by request/appointment

The parish newsletter (incl. back copies) is available to view on the parish website from Friday onward each week.

Hospital Visits: If you or family members are admitted to the Norfolk & Norwich Hospital (NNUH) or Queen Elizabeth II Hospital, King's Lynn (QEII), and would like a visit from the Roman Catholic Chaplain, please call either St. John's Cathedral, Norwich (01603 624615) for visits to NNUH, or call the NNUH Hospital Chaplaincy direct on 01603 287470 for people needing urgent spiritual attention, or for visits to QEII Hospital, call Fr. Peter Rollings on 01553 772220. If you would like to receive the Sacrament or Anointing of the sick before going to hospital, please contact Fr. Brendan on 01362 694066.

Sick & Housebound [with GDPR Permissions] – **Please pray for:** Janet Yardley, Jenny Rudd, Carol Whitesides, Eileen Brocklesby, Shirley Liebenhals, Frances Saville King, Una McWeeny, Derek Williams, Teresa Kendall, Greta Cummings.

Money Matters: Thank you for your offering of £327.00 for the maintenance of our parish last weekend.

Offertory Envelopes - All those who use envelopes for their weekly offertory please find them at the back of church. Those who pay by Standing Order please pick up your white envelope, also at the back of the church, which contains the offertory envelopes for the Easter and Christmas offering to enable us to claim the gift aid.

Parish Gift Aid Scheme - Please would parishioners who are members of the parish gift aid scheme let Rex Baker know if there have been any changes in your personal circumstances regarding the payment of income tax (or change of address) for the financial year 2019-2020. In the absence of any such information, it will be assumed that you are still a tax payer and the parish will reclaim tax from HMRC on the offertory donations you have made during this financial year.

If there are any parishioners who pay tax and are not part of the gift aid scheme and are willing to sign up again please let Rex know or ask Fr Brendan. This is a great way for the parish to get additional funds from the tax reclaim benefits; Last year the parish reclaimed circa £5,000. With this scheme you do not need to commit to a fixed amount as it will just be based on your total annual contribution.

Contact details for Rex Baker are telephone number: 01362 694801 or [email rexbaker27@btinternet.com](mailto:rexbaker27@btinternet.com)

Cancelled Meetings (Diary Dates) - Please note that scheduled meetings of the following parish groups are cancelled until further notice in the light of the Coronavirus pandemic and Government advice on public gatherings – **Queen of Peace Prayer Group; Music Group; Confirmation Group; Saturday Club; Union of Catholic Mothers (UCM); Mother Teresa's knitting group and SVP monthly coffee morning.**

Lenten Alms Box - There is a box at the back of the church throughout Lent to receive your Lenten Alms. This year the proceeds from across the Diocese will be divided equally between SVP East Anglia and Friends of the Holy Land.



Letter from the President & Vice President on behalf of the Catholic Bishops' Conference of England and Wales (18th March 2020) –

“Dear Brothers and Sisters in Christ,

In response to the Coronavirus pandemic, so many aspects of our lives must change. This includes the ways in which we publicly express our faith. It is very clear that, following official advice and in order to keep each other safe, save lives and support the NHS, at this time we must not gather for public acts of worship in our churches. This will begin from Friday evening, 20th March 2020, until further notice.

Our churches will remain open. They are not closing. They will be a focal point of prayer, where you will find solace and strength. In visiting our churches at this time, we will observe with great care the practices of hygiene and the guidance on social distancing.

However, the celebration of Mass, Sunday by Sunday and day by day, will take place without a public congregation.

Knowing that the Mass is being celebrated; joining in spiritually in that celebration; watching the live-streaming of the Mass; following its prayers at home; making an act of spiritual communion: this is how we share in the Sacrifice of Christ in these days. These are the ways in which we will sanctify Sunday, and indeed every day.

We want everyone to understand that in these emergency circumstances, and for as long as they last, the obligation to attend Mass on Sundays and Holy Days is removed. This is, without doubt, the teaching of the Church (Catechism of the Catholic Church 2181). This pandemic is the ‘serious reason’ why this obligation does not apply at this time.

You will find more details about the pathway of prayer and sacramental life we are now to take in the accompanying document* and on the Bishops' Conference website (www.cbcew.org.uk). Your own bishop and parish priest will provide further support, encouragement and information about our way of prayer together in the coming weeks.

The second vital aspect of these challenging times is our care for each other. There are so many ways in which we are to do this: being attentive to the needs of our neighbour, especially the elderly and vulnerable; contributing to our local food banks; volunteering for charitable initiatives and organisations; simply keeping in touch by all the means open to us.

During these disturbing and threatening times, the rhythm of the prayer of the Church will continue. Please play your part in it. The effort of daily kindness and mutual support for all will continue and increase. Please play your part in this too. For your commitment to this, we thank you.

‘The Lord is my shepherd. There is nothing I shall want.’
May God bless us all.

Vincent Cardinal Nichols, President & Archbishop Malcolm McMahon OP, Vice-President”

Copies of this letter and the accompanying Liturgical Advice document referred to above are available at the back of church and are posted on the parish website.*