GOSPEL REFLECTION FOR THE SIXTH SUNDAY OF EASTER



If you Love Me.

Jesus' 'farewell discourses' are a bit like a teacher's final lesson before an exam packed with important advice. "If you love me you will keep my commandments." "Love one another as I have loved you." "The Spirit of Truth will abide with you when I am gone."

Love of course is key to all Jesus' last minute advice. There's lots we already know about love from our own relationships. If we love and care about each other we say where we are going and what time will be back home. If we love each other we don't keep secrets of

have affairs. If we love each other we put our loved one's needs before our own. It's the same with God; we show God we love him by keeping his commandments. Commandments aren't there to create unnecessary discipline, they are there to keep us in love with God and with each other.

Jesus knew that once he was gone some of his commandments would become less clear. Two thousand years down the line there are many issues that have grey areas, such as euthanasia, and the sciences that govern nuclear energy or reproduction. For instances such as these, Jesus left us an 'Advocate' a 'Spirit of Truth'. We are promised that the 'Spirit of Truth' will guide us through all of life's difficult decisions. Jesus left us with hope and help, now it's down to us.

PARISH PRAYER - Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word, and a new consecration to your service; that your love might grow among us and your Kingdom come.

Through Christ our Lord. Amen

In Eastertide, we recite REGINA COELI in place of the ANGELUS:

Queen of heaven, rejoice, Alleluia.

For he, whom you did merit to bear, Alleluia,
Has risen as he said, Alleluia.
Pray for us to God, Alleluia
Rejoice and be glad, O Virgin Mary, Alleluia.
For the Lord has truly risen, Alleluia.

Let us pray: O God, who gave joy to the world through the resurrection of your Son, our Lord Jesus Christ, grant we beseech you, that through the intercession of the Virgin Mary, his mother, we may obtain the joys of everlasting life, through the same Christ our Lord. Amen.

Useful links: Diocesan Website: http://www.rcdea.org.uk

Notre Dame High School, Norwich: Website http://www.ndhs.org.uk

PARISH OF THE SACRED HEART AND ST MARGARET MARY [Reg. Charity 278742]

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21ST MAY 2017 - 6TH SUNDAY OF EASTER

Sunday Masses – Page 268 of Parish Mass Book

Saturday 6.00 pm Donor's Int.
Sunday 9.00 am Int. Alex Eldred

11.00 am Int. People of the Parish

Music for Sunday Masses - Setting: Dom Gregory Murray Mass

Entry 6pm – Regina Coeli (said); Hymn 788 – Praise to the Holiest in the height ...

Offertory Hymn 934 – Dear Lord and Father of mankind ...

Communion *Instrumental Interlude/Sacred silence ...*

Recessional 11am – Regina Coeli (said); Hymn 908 – Blest are the pure in heart ...

CONFESSION/RECONCILIATION: Saturday at 5.30pm, or on request / by ppointment

Weekday Masses – 22nd to 27th May

(6th Week of Easter)

[Psalter Week 2]

There will be no weekday Masses this week. However, the church will be open as usual during daylight hours. Our open church attracts a lot of people throughout the day for private prayer. It is marvellous that we can keep it open for quiet reflection and prayer.

Anniversaries this week: Margaret Shelock, William Reavey, Mary & Gerard Ring-Davies, Michael McErleane, Florence Sayer, Thomas Eden, John Joseph Nally, Annie Murtagh, Joan Pagano. *May their souls and the souls of all the faithful departed rest in peace.*

The Parish Newsletter (incl. back copies) is available to view on the parish website from Friday onward each week. **Hospital Visits** – If you or family members are admitted to the Norfolk & Norwich Hospital (NNUH) or Queen Elizabeth II Hospital (QEII), King's Lynn, and would like a visit from the Roman Catholic Chaplain, please call either St John's Cathedral, Norwich (01603 624615) for visits to NNUH, or Fr Peter Rollings (01553 772220) for visits to QEII. If you would like to receive the Sacrament of Anointing of the sick before going to hospital, please contact Fr. Brendan on 01362 694066.

Sick List - Please pray for: Joan Blakiston, David Peek, Robert Nicol, Shirley Liebenhals, Sarah Chaudri, Anne & Derek Williams, Michelle Smith, Rita Smith, Eileen Brockleby, Pat Howe, Kathleen (Jenny) Rudd, Ellen Flood, Margaret Leggett, Peter Brown, James Maxwell and Robert Anderson.

Money Matters – The collection for the maintenance of the parish last weekend was £430.21. Thank you all very much.

Diary Dates for the coming week –	
Mon. 22 May	AA Group meets – 7.30pm in Emmaus Room
Tues. 23 May	Queen of Peace Prayer Group – 7.30pm in Emmaus Room
Fri. 26 May	Altar Servers meet – 7.15pm in Emmaus Room
Sat. 27 May	Altar Servers' Mass at 12 noon at St John's Cathedral, Norwich, followed by a BBQ. Please sign the list at the back of church if you
	are intending to go. Families of Servers are also invited.
Sat. 27 May	There is no Saturday morning Mass today as Saturday Club is on half-
	term holiday – restarts 10 th June.

World Communications Day: 28th May 2017 – Next Sunday has been designated by the Catholic Church as Communications Sunday, when we are asked to pray for those who work in the media and when a second collection is taken after Mass to fund the work of the Communications Office of the Catholic Church (CCN) in England & Wales. The CCN provides support for the bishops and Church by promoting the Gospel through the media on current issues. The office is the central point for media enquiries and is a key resource for national and international media professionals. It also plays an important role in developing the public profile of the Church through word and image, online and offline.

Holidays - I am on holiday between May 22nd and June 6th. While I am away the Sunday Masses on May 27/28 will be celebrated by Fr. Donie O'Connor who will speak on behalf of The A.P.F. (The Red Boxes). This is not a cash appeal, but the usual five yearly visit from the Mill Hill Fathers. Please see the poster at the back of the church. On the following weekend, Fr. Michael Stack (Archdiocese of Birmingham) will celebrate the Masses. He will also be contactable in cases of emergency for the Sacrament of the Sick, if required, and will celebrate Mass on Monday and Friday that week. NB. During my absence, the Presbytery telephone will be transferred to Deacon Martin and the email will be on 'out of office' response.

'Universalis' – Did you know that you can have all the Divine Office and daily Mass readings etc. on your iphone? It is a one-off subscription of about £12 and all the information for Mass and the Divine Office is on your 'phone or tablet every day.

National Missing Children's Day 2017, Day of Prayer: 25th May - International Missing Children's Day, 25 May, is a day where people around the world commemorate the missing children who have found their way home, remember those who have been victims of crime, and continue efforts to find those who are still missing. The main purpose of International Missing Children's Day is to encourage everyone to think about children who remain missing, pray for their safe return, and to spread a message of hope.

Barnabas Fund Appeal: Tragedy upon Tragedy in Iraq: Can you help? - It is now almost three years since Islamic State drove some 200,000 Christians from their homes in northern Iraq, committing atrocities which many see as genocide. Around 175,000 displaced Christians are still in a hopeless limbo, destitute, unable to go back to their old homes, unable to go forward to settle and start their lives again for no Western country seems to want them. Christians in Iraq are utterly dependent on support made possible by generous donations. Please help give hope and practical support that lasts beyond the end of this month to our brothers and sisters in Iraq. Let them know they have not been forgotten. Donate online at www.barnabasfund.org Follow the 'Donate' link and then scroll down to choose the project you want to support.

Children's Pilgrimage to Walsingham: Tuesday, 30th May 2017 – This annual Diocesan pilgrimage for children takes place during school half-term holiday. The day will begin with a procession from the village at 10.45am, walking to the shrine along the safe path (formerly the railway line), with pauses for prayer along the way. Mass will be celebrated at 12.00 noon, with Bishop Alan, and afterwards with a picnic in the meadow. It is hoped to finish the day on the beach at nearby Wells-Next-the-Sea. Children provide the music for Mass, serve and read. Any musicians or servers from the Parish would be welcomed. Parishes are asked to let Christine Storman know if they are bringing a group. Contact Christine on 01493 717121 or email: christises18@hotmail.com

Newman Lectures - The final lecture will take place on Monday, 22nd May, in the Julian Study Centre at UEA at 6.30pm (free entry). The talk will be given by Prof. John Charmley of St Mary's University, Twickenham, who will speak on the subject of "Churchill and the Churches".



For Our Younger Parishioners - Over the next few weeks our younger parishioners will be busy taking exams. Remember to keep the young people of the parish in your prayers. We petition for clear thinking, inspiration, guidance and calm.

Bite Size

"Seek truth and you will find a path." ~ Frank Slaughter