

**GOSPEL REFLECTION FOR CORPUS CHRISTI**



**More Like Christ.**

When we are children we don't believe that we will ever grow to be obese, passed our prime or out of condition; it's something that creeps up on us. The extra pounds that pile on around our waistlines are the result of making wrong choices on a daily basis. Just as we can become physically unfit so we can become spiritually unfit. When we are young we cannot imagine making wrong choices or poor decisions, but compromise, apathy and temptation creeps up on the best of us. We become consumed by things that don't really matter. If we are not careful, God's values can fall by the wayside and we end up feeling weighed down, dissatisfied and unhappy.

On the Solemnity of the Most Holy Body and Blood of Christ, we are reminded that in just the same way as we care for our physical diet, so we need to take care of our spiritual diet. We need to make Jesus part of our spiritual diet both in communion and in our daily choices to live as Christians so that we might be spiritually whole. We are invited to feel alive and rejuvenated and ready to impact the world around us.

When we faithfully participate in the Eucharist, the sacrament has the power to influence us and change us; it joins each of us to Christ and hopefully, makes us more like him. Today's challenge is to think a little harder about what we are actually doing in participating in the Eucharist, and what we should expect as a result.

**PARISH PRAYER - Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word, and a new consecration to your service; that your love might grow among us and your Kingdom come.**  
*Through Christ our Lord. Amen*

**The Angelus**

V. The Angel of the Lord declared unto Mary. **R. And she conceived of the Holy Spirit. Hail Mary**  
 V. Behold the handmaid of the Lord. **R. Be it done unto me according to thy word. Hail Mary.**  
 V. And the Word was made Flesh. **R. And dwelt among us. Hail Mary.**  
 V. Pray for us, O holy Mother of God. **R. That we may be made worthy of the promises of Christ.**  
 LET US PRAY: **Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we to whom the Incarnation of Christ Thy Son was made known by the message of an angel may, by His Passion and Cross, be brought to the glory of His Resurrection. Through the same Christ, Our Lord. Amen**

Useful links: Diocesan Website: <http://www.rcdea.org.uk>  
 Notre Dame High School, Norwich: Website <http://www.ndhs.org.uk>

**PARISH OF THE SACRED HEART AND ST MARGARET MARY**  
**[Reg. Charity 278742]**  
**Parish Priest: Fr. Brendan Moffatt - email: [brendanmoffatt@yahoo.co.uk](mailto:brendanmoffatt@yahoo.co.uk)**  
**Address: The Presbytery, 35 London Road, Dereham NR19 1AS**  
**Telephone: 01362 694066.**  
**Parish website: <http://www.sacredheartdereham.org.uk>**  
*Permanent Deacon: Rev. Martin Sanderson – Tel: 01362 822590*  
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 Parish Music Leader: Michael King – email: [michaeljwking@gmail.com](mailto:michaeljwking@gmail.com)  
**Parish Safeguarding Representative: Kathleen Edmunds –**  
 email: [kathleenedmunds@yahoo.com](mailto:kathleenedmunds@yahoo.com)

**18<sup>TH</sup> JUNE 2017 – THE MOST HOLY BODY AND BLOOD OF CHRIST (CORPUS CHRISTI), SOLEMNITY**

**Sunday Masses – Page 83 of Parish Mass Book**

Saturday	6.00 pm	Int. Tony Harmer
Sunday	9.00 am	Int. People of the Parish
	11.00 am	Int. Pam Barnwell

**Music for Sunday Masses - Setting: Dom Gregory Murray Mass**  
**Entry 6pm – Angelus (said); Hymn 318 – At this great feast of love ...**  
**Offertory Hymn 629 – I am the bread of life ...**  
**Communion Instrumental Interlude/Sacred silence ...**  
**Recessional 11am – Angelus (said); Hymn 662 – O Bread of Heaven ...**

**CONFESSION/RECONCILIATION: Saturday at 5.30pm, or on request / by appointment**

<b>Weekday Mass Times</b>	<b>(11<sup>th</sup> week in Ordinary Time)</b>	<b>[Psalter Week 3]</b>
Mon. 10.00 am	Feria – Int. Faith Finegan	
Tues. <b>No Mass today</b>	Feria	
	7.30 pm	Queen of Peace Prayer Group – in Emmaus Room
Weds. <b>No Mass today</b>	St Aloysius Conzaga	
Thurs. <b>11.00 am</b>	SS John Fisher & Thomas More – Int. Pam & John Barnwell	
Fri. 10.00 am	The Most Sacred Heart of Jesus – Int. Peggy & George Mealy	
Sat. 10.30 am	The Nativity of St John the Baptist – Int. Holy Souls	
	6.00 pm	12 <sup>th</sup> Sunday in Ordinary Time – Int. Joan Faulkner

**Anniversaries this week:** Francis Hunt, John McGee, Thomas Murphy, June Doreen Kanssen, Mary Holmes, Mary Rush, John Frizzell, Dorothy Payne and Michael Howard.

The Parish Newsletter (incl. back copies) is available to view on the parish website from Friday onward each week.

*May their souls and the souls of all the faithful departed rest in peace.*

**Hospital Visits** – If you or family members are admitted to the Norfolk & Norwich Hospital (NNUH) or Queen Elizabeth II Hospital (QEII), King’s Lynn, and would like a visit from the Roman Catholic Chaplain, please call either St John’s Cathedral, Norwich (01603 624615) for visits to NNUH, or Fr Peter Rollings (01553 772220) for visits to QEII. If you would like to receive the Sacrament of Anointing of the sick before going to hospital, please contact Fr. Brendan on 01362 694066.

**Sick List - Please pray for:** Joan Blakiston, David Peek, Robert Nicol, Shirley Liebenhals, Sarah Chaudri, Anne & Derek Williams, Michelle Smith, Rita Smith, Eileen Brockleby, Pat Howe, Kathleen (Jenny) Rudd, Ellen Flood, Margaret Leggett, Peter Brown, James Maxwell and Robert Anderson.

**Money Matters** – The collection for the maintenance of the parish last weekend amounted to £433.79. During May, the parish received £582.00 through Standing Orders/Direct Debits. Thank you very much for your generosity.

Diary Dates for this week –	
Mon. 19 Jun	AA Group meeting – 7.30pm in Emmaus Room
Weds. 21 Jun	<b>Please note there is no Mass today as there is a Deanery meeting in Wymondham.</b>
Weds. 21 Jun	SVP Conference meets – 2.00pm in Emmaus Room
Thurs. 22 Jun	<b>Please note the change of Mass time today.</b>
Fri. 23 Jun	Confirmation Candidates meet – 7.15pm in Emmaus Room
Sat. 24 Jun	Saturday Club meets - 11.00am in Emmaus Room

**Day for Life: Sunday, 18 June 2017** – Each year *Day for Life* provides an opportunity to reflect on the dignity of every human person, both young and old, and to pray for and support all life from conception to natural death. This year’s *Day for Life* provides us with an opportunity to reflect, to pray and to offer practical and emotional support, especially for those who have lost a child and for those women who are anxious about their pregnancy. As we approach the 50<sup>th</sup> anniversary of the Abortion Act in October, we mourn the large annual number of abortions and continue to pray for the care and support of mothers and their children in the womb. In his Angelus address on the Italian *Day for Life* in February this year, Pope Francis said to thousands gathered in St Peter’s Square, “May no-one be left alone and may love defend the sense of life.” Citing the words of Mother Teresa of Calcutta, he continued: “Life is beauty, admire it. Life is life, fight for it ... Each life is sacred. Let’s pray together for those children who are in danger of interruption of pregnancy and for those who are nearing the end of life.” These words can help us rediscover a spirit of awe towards the gift of human life and stir our hearts to the wonder of this gift. We are invited to support the crucial work of *Day for Life* by giving to the retiring collection today. This enables the Church to fund the Anscombe Bioethics Centre (formerly the Linacre Centre), as well as projects that seek to care for life at every stage and in every condition. For more information, please go to [www.dayforlife.org](http://www.dayforlife.org)

**From our Rome Correspondent** – “This is the final note I’ll be sending to you from Rome for this year, because the year is drawing rapidly to a close. The examination period is nearly over, and there are a lot of tired-looking seminarians here at the Beda College (remember, most of us are not so young!). It is hot and humid and there is still a lot of work to be done, but soon we will be returning to our countries of origin, and that is a very welcome prospect indeed. I shall be on placement in Our Lady and St Charles Borromeo parish in Wisbech in August, but will also be spending time with family and friends, and look forward to seeing people in the parish, at Walsingham and wherever else I’m able to visit before returning here at the beginning of October. It has been a very good year for me – busy, and even more so than last year, but offering great opportunities for academic learning and personal formation. And hard though it is to credit, I am now halfway through what I hope is my four-year journey towards priestly ordination. I thank you as always for your continuing prayers and good wishes, and am offering prayers for you here in Rome each day. Kind regards to all. *In Christ, Mike Brookes.*”

**Catholic Grandparents Pilgrimage to Walsingham** - The annual Catholic Grandparents Pilgrimage will be held at the National Catholic Shrine of Our Lady of Walsingham on **Sunday 23<sup>rd</sup> July**. For further enquiries regarding the Catholic Grandparents Association please contact us by email: [cga@walsingham.org.uk](mailto:cga@walsingham.org.uk) or call us on Tel: 01328 820 217.

**Calling all 13 - 29 year olds - What do you think?** - Next year, Bishops from all over the world will gather to consider the issue of 'Young People, Faith and Vocational Discernment'. Our Bishops in England have asked that as many young people as possible aged 13 - 29 take part in a poll to ensure what they are discussing is relevant and important. Please see [www.rcdea.org.uk](http://www.rcdea.org.uk) to take part.

**Young Adults Pilgrimage to Santiago - walking the Camino** - The Diocesan Youth Service is organising a pilgrimage to Santiago de Compostela in the last week of July. For those age 18 - 35. For more information see [www.rcdea.org.uk/youth](http://www.rcdea.org.uk/youth)

**St John the Baptist Catholic Multi Academy Trust are seeking New Directors - for more details please go to <https://www.rcdea.org.uk/welcome-schools-department/>** or see the information sheet on the notice board at the back of church.

**The Feast of the Sacred Heart: 23<sup>rd</sup> June** - The heart has always been seen as the "centre" or essence of a person ("the heart of the matter," "take it to heart," "you break my heart," "my heart sings," etc.) Devotion to the Sacred Heart of Jesus is devotion to Jesus Christ Himself, but in particular it is a chance for us to remember all the manifestations of his love for us.

**Bitesize**

“Faith sees the invisible, believes the incredible and receives the impossible! Thank God for our physical AND our spiritual nourishment!”

*Christian Cops*