PARISH OF THE SACRED HEART AND ST.MARGARET MARY, EAST DEREHAM, NORFOLK

Parish Priest: Fr. John Barnes MA

The Presbytery, 35, London Road, East Dereham NR19 1AS Reg.Charity 278742 Tel.01362 694066 e-mail frjohn@sacredheartdereham.org.uk Permanent Deacon: The Revd. Martin Sanderson Tel: 01362 822590 Parish website: http://www.sacredheartdereham.org.uk

APRIL 14th 2013 : THIRD SUNDAY OF EASTER

Sunday Masses

Saturday 6.0pm Int. For the People Sunday 9.0am Int. 11.0am Int.

Weekday Masses

Monday EASTER FERIA 10.0am Int. Tuesday EASTER FERIA **7.0pm** Int. The Parish AGM Wednesday EASTER FERIA 10.0am Int. Thursday EASTER FERIA No services today Friday EASTER FERIA **11.0am** Int. Anne Hannon Saturday EASTER FERIA 10.30am Int. 6.0pm Int.

Sacrament of Reconciliation Saturday Noon and 5.30pm, or by appointment.

The Rosary Friday 11.30am

The Divine Office

The Office is said a quarter of an hour before the Mass on Weekdays. This week we use Psalter Week 3

The Mass today The readings can be found on p.266 of the Parish Mass Book, and on p.471 of The Sunday Missal. At the 6.0pm Mass **Eucharistic Prayer 3** Sanctus & Benedictus Parish Mass Book p.25 (Regina Coeli) 279,938 Hymns At the 9.0am Mass **Eucharistic Prayer 3** Parish Mass Book p.25 Sanctus & Benedictus Hymns 851, 629, 898 At the 11.0am Mass **Eucharistic Prayer 2** Gloria Sacred Heart Sanctus & Benedictus Parish Mass Book p.25 Hymns 270, 287, 627(Regina Coeli) 271 The Psalm Response for all of the Masses is printed at the bottom of the page.

This Sunday the quarter-hour Exposition of the Blessed Sacrament before Mass will precede the 9.0am Mass. Next Sunday, it will take place before the 11.0am Mass.

In Eastertide, *REGINA COELI* takes the place of *ANGELUS* :

Joy to thee, O Queen of Heaven, Alleluia! He whom thou wast meet to bear, Alleluia! As he promised, hath arisen, Alleluia! Pour for us to Him thy prayer, Alleluia! V. Rejoice and be glad, O Virgin Mary, Alleluia! R. For the Lord is risen indeed, Alleluia! Let us pray. o God, who by the Resurrection of thy Son, Our

Lord Jesus Christ, hast vouchsafed to bring joy to the whole world, grant, we beseech thee, that aided by the prayers of his Mother, the Virgin Mary, we too may come to the joys of everlasting life. Through the same Christ our Lord. Amen

THIS WEEK

Today at the 11.0am Mass, the Baptism of Emily Rose, daughter of Christopher and Jessica Bingham.

Monday 7.0pm Queen of Peace Prayer Group at the Presbytery. All welcome. Please note the earlier time – members are hoping to go out for the postponed meal afterwards.

TUESDAY THIS WEEK THE PARISH AGM

in the Narthex at 7.30pm following a Mass at 7.0pm (no morning Mass today)

Financial Report Reports from the Parish Organizations election of five members for the new Parish Pastoral Council Parish Priest's Report

Wednesday7.30pmSVP at the PresbyteryFriday9.15amFr.John says thebeginning of term Mass at the St.Thomas MoreSchool, Norwich. Mass here 11.0am7.15pm-8.15pmThe Young Servers Club meetsin the Narthex.Saturday10.30am-11.30amSaturday

Club, for young people aged five to twelve, resumes after the Easter break.

PARISH NOTICEBOARD

Anniversaries Colin Nicholson (2006), Eileen Wells (2012), and Edwin Gatt (2000). R.I.P.

Money Matters Last Sunday, £428.81 was given at the Offertory.

Donal Hannon writes 'A work colleague of mine is running seven sponsored marathons, one of them being the London Marathon, to raise money for the charity *LET THE CHILDREN LIVE!*, which we try to support in this parish. (It's purpose, you remember, is to help Fr.Peter Walters in his heroic work with street children in Colombia.) Some of you may be prepared to offer sponsorship, and for that purpose I will be at the back of church with a sponsor form after each of the Masses this weekend. Thank you.'

The new Parish Pastoral Council The present Council has completed it's two-year stint, and now

a new one must be formed. Five members comprising the Parish clergy and officials (Treasurer, Chairman of the Finance Committee, and Secretary) are part of the Council *ex officio*, five are elected at the Parish AGM every other year, and five are appointed by the Parish Priest to fill in any gaps – constituencies otherwise unrepresented, that is.

If you would like to propose someone for one of the five elected seats, please take a Nomination Form from the back of church, fill it in, and return it to the Presbytery before the day of the meeting. Don't be shy about asking someone to nominate you if you would like to stand.

People can serve up to two consecutive terms on the Council, following which we ask them to take a turn out - after which they can stand again if they wish.

WORDS IN OUR MOUTH

Of course the word that is especially on the lips of Christian people during these great fifty days of Eastertide is *ALLELUIA*, that ancient shout of triumph which we use to hail the Lord's resurrection. It occurs in many of the hymns and devotions which we use at this time of the year.

But I read in a newspaper this week that this is not the only word that is on peoples lips. According to a survey, the use of swear words has greatly increased, and many children can say obscene swear words before they can say the ABC.

Does it matters whether or not we swear? I think it does. Often swear words refer to either God, or to the body, both of which we should only speak about with respect. Further, swear words are unpleasant to those who have to hear them. For the Catholic, they are uttered through the mouth which receives the Body and Blood of Christ in Holy Communion, and it is unfitting that the mouth that receives Him should utter any unsuitable words – lies, insults, words of anger etc. – as well as swear words.

Some people find that they tend to swear more often as they get older. Often an action of clumsiness causes us to swear, and yes, we do get more clumsy with age. Some of us also find that using swear words is a habit we find hard to break. One suggestion is that when we have sworn, we immediately 'apologise' to God, & ask for help in not doing this again. This is a good habit to develop. It may well help us to break with swearing.