# **GOSPEL REFLECTION FOR THE FOURTH SUNDAY IN ORDINARY TIME**





Jesus lived by one abiding rule. He knew that his integrity was the one thing that could not be taken away. His life could be taken, but his integrity could not. Today we are asked to live our lives by that same rule. We must know who we are; and we must adhere to who we are with every ounce of integrity we possess.

We all admire people who have the courage of their convictions. We admire their confidence, and we admire their openness. If we have ever had something to hide, we know how difficult it is to feel good about ourselves. There must have been times in all our lives where we have been tempted to deceive, keep something a secret, or simply lay low and hope that problems will blow over. Keeping our integrity intact is not always easy, especially when we have used our own flawed agendas to go by.

Today's gospel makes reference to an Old Testament Story. Just as Moses used a bronze serpent to remind the Israelites of their sinfulness and steer them towards better choices, so we are asked to look upon Jesus as our guiding light. We are asked to see Jesus' light in every corner of our lives and make good choices on a daily basis. It might sound easy to make good choices, but so often we disguise our choices, to hide our real motivation, we might not even be aware that we are doing it. The most important clue to making good decisions is to ask whether we would have any qualms about pinning our choices up on a noticeboard under a spotlight. With our choices on public show, how confidently would we face a challenge? Would our integrity remain intact?

God sent his Son so the world might be saved. We are saved when we continue to make those right choices, remembering that we are not condemned for our bad choices if we can recognise them and move on.



PARISH PRAYER – Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word and a new consecration to your service, that your love might grow among us and your kingdom come, through Christ our Lord, Amen.

Useful links: Diocesan Safeguarding – https://www.rcdea.org.uk/safeguarding/ Diocesan Website – http://www.rcdea.org.uk Notre Dame High School, Norwich – http://www.ndhs.org.uk Daily Liturgy Website - www.universalis.com

## PARISH OF THE SACRED HEART AND ST. MARGARET MARY [Registered Charity 278742] Parish Priest: Fr. Brendan Moffatt - Telephone: 01362 694066 Email: Brendan.Moffatt@rcdea.org.uk Address: The Presbytery, 35 London Road, Dereham NR19 1AS Parish Website: http://www.sacredheartdereham.org.uk Permanent Deacon: Rev. Martin Sanderson: Tel: 01362 822590 Email: martin.sanderson@rcdea.org.uk Parish Music Leader: Michael King: Email: michaeljwking@gmail.com Parish Safeguarding Representative: Kathleen Edmunds: Email: kathleenedmunds@vahoo.com

## 14<sup>TH</sup> MARCH 2021 – 4<sup>TH</sup> SUNDAY OF LENT – Year B

[4<sup>th</sup> Week of Lent, Weekday Year I, Psalter Week 4]

Mass Times for the Week			Intentions
Sat. 13 Mar.	6.00 pm	4 <sup>th</sup> Sunday of Lent	Anna Easton (Mealy)
Sun. 14 Mar.	9.00 am	(Lætare Sunday)	Holy Souls
	11.00 am	(Læture Sunddy)	The People of the Parish
Mon. 15 Mar.	10.00 am	Lent Feria	Pamela Mealy (Mealy)
Tues. 16 Mar.	-	Lent Feria	No Mass today
Weds. 17 Mar.	10.00 am	S PATRICK, Patron of Ireland	Donor's Ints. (Gray)
Thurs. 18 Mar.	10.00 am	Lent Feria	Carolyn Salter (Mealy)
Fri. 19 Mar.	10.00 am	S JOSEPH, Spouse of the BVM	Thanksgiving (Gray)
	10.30 am	Stations of the Cross (Live-streamed)	
Sat. 20 Mar.	-	Lent Feria	No morning Mass
	6.00 pm		Joan Evans (Mealy)
Sun. 21 Mar.	9.00 am	5 <sup>th</sup> Sunday of Lent	Monica Juby (McWilliams)
	11.00 am		The People of the Parish

## All Celebrations of Mass are live-streamed on YouTube The Church is open daily until 4:00pm

Anniversaries this week: Maurice Anthony de Chenu, Stan Bennett, Eugenie Beckett, John Hogan, Charles Hixson, Thomas Donoghue, Janet Lennon, Margaret Cliffe, Andrea O'Connor, Margaret (Peggie) Jackson, Joy Lannon. May their souls and the souls of all the faithful departed rest in peace.

## **MASS LIVE STREAM** – Search for **Dereham Catholic Church** on **YouTube**, Or use the following link:

https://www.youtube.com/channel/UCR-qWs-B40VTvbzezZ83MxQ/videos?view=2&flow=grid The parish newsletter (incl. back copies) is available to view on the parish website from Friday onward each week.

**Hospital Visits:** If you or family members are admitted to the Norfolk & Norwich Hospital (NNUH) or Queen Elizabeth II Hospital, King's Lynn (QEII), and would like a visit from the Roman Catholic Chaplain, please call either St. John's Cathedral, Norwich (01603 624615) for visits to NNUH, or call the NNUH Hospital Chaplaincy direct on 01603 287470 for people needing urgent spiritual attention, or for visits to QEII Hospital, call Fr. Peter Rollings on 01553 772220. If you would like to receive the Sacrament or Anointing of the sick before going to hospital, please contact Fr. Brendan on 01362 694066.

**Sick & Housebound [with GDPR Permissions] – Please pray for:** Jenny Rudd, Carol Whitesides, Shirley Liebenhals, Frances Saville King, Derek Williams, Greta Cummings, Patsy Gray, Brenda Winandy, Allan Michael Howard.

**Money Matters:** Thank you for your offering to the parish 'on the plate' of £551.69 and for your Offertory by Standing Order in February 2021 of £815. Thank you so much also for your generous gift to **CAFOD Family Fast Day** of £262.00.

For those who would like to make their regular offerings by Standing Order, the information you need is: Account name: **Catholic Church of Dereham.** The Sort Code is: **40-20-08** and the Account number is: **11311115.** If you are a tax payer, please also consider **Gift Aid**. This is a great way for the parish to get additional funds from the tax reclaim benefits scheme; with this scheme you do not need to commit to a fixed amount as it will just be based on your total annual contribution. Let Fr. Brendan know if you would like to sign up to Gift Aid.

**130 Club Draw for February 2021** - 1<sup>st</sup> Prize £20 – Ticket No. 84, Anne Nicol; 2<sup>nd</sup> Prize £15 – Ticket No. 18, Catherine Evans; 3<sup>rd</sup> Prize £10 – Ticket No. 144, Janice Tinney; 4<sup>th</sup> Prize £10 – Ticket No. 39, Anne Maskell; 5<sup>th</sup> Prize £10 – Ticket No. 13, Karen Luke.

**130 Club Renewals** – If you haven't already done so, a reminder that renewal envelopes are available for members to collect from the pigeon holes in the church porch. There are still a number of unallocated numbers if any member would like to take up one or more of these and new members are always welcome. Replies to be returned by the end of March please. Thank you.

**Newsletter by Email** - Please let Fr. Brendan know if you would like to receive the parish's weekly bulletin by email. We have a GDPR compliant list of names for this purpose.



**Conversations before Mass in church.** Please be aware that the live-streaming system, including the sound system, is switched on about 30 minutes before Mass. This means that loud conversations may be picked up by the microphones and broadcast.

**Mothering Sunday, 14<sup>th</sup> March 2021** - Historically Mothering Sunday was also known as Refreshment Sunday because the fasting rules for Lent were relaxed on this day. So, Mums everywhere enjoy your chocolates and your cake! Today is the day on which we thank our mothers for all their love and hard work. Happy 'Mothering Sunday'.

**Deanery Station Mass, Tuesday 16 March, 6.00pm** – Live-streamed from St. John's Cathedral, Norwich. Beginning with exposition of the Blessed Sacrament at 5.00pm.

**Exposition of the Blessed Sacrament at Sacred Heart** – I have been thinking that we could have this each morning before the 10.00am Mass. I would like to know your thoughts. It would be live-streamed for 20-25 minutes before Mass.



**Saint Patrick, 17<sup>th</sup> March** - In his early teens, St. Patrick was kidnapped, taken to Ireland and sold into slavery. For six year he led a harsh life, but he never lost faith that one day he would be freed from slavery and realize his dreams. If we take one lesson from Saint Patrick, it should be this, to use what faith we have to overcome the discouragement that threatens to paralyse us.

Saint Joseph Spouse of the Blessed Virgin Mary, 19<sup>th</sup> March -Discretion, humility, care, tenderness, courage, integrity, and hard work. We don't get to hear much about St Joseph but the little we do know teaches us a great deal about being a 'guardian', not just for the benefit of the youngsters in our family, but for all those who look to us for example.



**This Lent:** *Close the evening with an examination of consciousness.* - To review your day as it closes helps us progress in the spiritual life. To look back on what we have done well, with God's grace, and where the Holy Spirit has invited us to collaborate with him in building up God's kingdom. We can also reflect on where we have not responded to the call of the Holy Spirit or the Word of God, where we have failed in our resolution. This is not to make us feel bad, but to show us how we can respond better the next time. Ask yourself about why you made the decisions you made, so that you can learn to know yourself better. Always end with a prayer of thanksgiving to God, for his presence with you on this adventure, this journey of discovery. Thank God for his grace, which has helped you feel closer to him. (Taken from www.godcalls.co.uk)

**Bitesize** – "Character is doing the right thing when nobody's looking. There are too many people who think that the only thing that's right is to get by, and the only thing that's wrong is to get caught." ~*J.C. Watts* 

#### Prayer for the Election of a Bishop

O God, eternal shepherd, who govern your flock with unfailing care, grant in your boundless fatherly love a pastor for your Church who will please you by his holiness and to us show watchful care. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God forever and ever. Amen.

> Our Lady of Walsingham, Pray for us. St. Felix, Pray for us. All Holy Martyrs and Saints of East Anglia, Pray for us.