

GOSPEL REFLECTION FOR THE SECOND SUNDAY OF LENT

Life's Highs and Lows



Today we find Peter James and John grappling with the news that Jesus is destined to be put to death in Jerusalem, and they become deeply demoralised. The disciples are picturing a future that is hopeless and they are left with feelings of helplessness and fear. To rid his disciples of these defeatist feelings, Jesus needs to replace their defeatist thoughts. Jesus replaces the defeatist thoughts with a motivational vision. When the disciples see Jesus transfigured with dazzling light and God's voice booming from the clouds, it is to give them a glimpse of what is to come. This isn't about replacing reality with pretty thoughts; it's about pushing through a pain barrier and being able to see something better on the other side.

If we were to be honest we'd all love to have a motivational mountain top experience ... a glimpse of God to help us through our daily monotonous existence. We'd all love to see clear signs of God working in our lives. A little cynical voice tells us it isn't going to happen! Motivational experiences can happen unexpectedly, in any place and at any time, yet the truth is that most of us soldier on with no such experience. Could it be that we are simply not open to such an experience? Can we expect to hear from God if we are rarely thinking about him? Can we really expect God to change our lives if we are not open to change? Can we be guided by God if we don't believe we need guidance? Can we find motivation if we're not seeking it? Is it possible to see God's opportunities in our lives if we are not looking for opportunities? Can we catch a glimpse of God if we're not looking?

To change our lives, we first need to sit down and visualise how different life could be if we could only let God in. We need to visualise breaking through our pain barriers to create our own highs.

Bite Size

"Between the great things we cannot do and the small things we will not do, the danger is that we shall do nothing." ~ *Adolphe Monod*

PARISH PRAYER - Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word, and a new consecration to your service; that your love might grow among us and your Kingdom come.
Through Christ our Lord. Amen

Useful links: Diocesan Website: <http://www.rcdea.org.uk>
Notre Dame High School, Norwich: Website <http://www.ndhs.org.uk>

PARISH OF THE SACRED HEART AND ST MARGARET MARY **[Reg. Charity 278742]**

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12TH MARCH 2017 - 2ND SUNDAY OF LENT

Sunday Masses - Page 155 of Parish Mass Book

| | | |
|----------|----------|---------------------------|
| Saturday | 6.00 pm | Int. Deacon Tony Green |
| Sunday | 9.00 am | Int. Alex Aldred |
| | 11.00 am | Int. People of the Parish |

Music for Sunday Masses - Setting: Belmont Mass

Entry 6pm - *Angelus (said)*; Hymn 720 - Be still, for the presence of the Lord ...

Offertory Hymn 204 - Lord Jesus, think on me ...

Communion *Instrumental Interlude/Sacred silence ...*

Recessional 11am - *Angelus (said)*; Hymn 970 - Be thou my vision ...

CONFESSION/RECONCILIATION: Saturday at 5.30pm, or on request / by appointment

Weekday Mass Times (2nd week of Lent) [*Psalter Week 2*]

| | | |
|--------|----------------------|-----------------------------------------------|
| Mon. | 10.00 am | Lent Feria - Int. Eileen (Jackie) Barker |
| Tues. | No Mass today | Lent Feria |
| | 7.30 pm | Queen of Peace Prayer Group - in Emmaus Room |
| Weds. | 10.00 am | Lent Feria - G. Maguire (*Fdn.) |
| Thurs. | 10.00 am | Lent Feria - The English Family (*Fdn.) |
| Fri. | 10.00 am | St. Patrick, Patron of Ireland - Donor's Int. |
| | 12.00 Noon | Stations of the Cross |
| Sat. | 10.30 am | Lent Feria - Donor's Int. |
| | 6.00 pm | 3 rd Sunday of Lent - Donor's Int. |

**Fdn. = Foundation Mass*

The Parish Newsletter (incl. back copies) is available to view on the parish website from Friday onward each week.

Anniversaries this week: John Le Milliere, Deidre Brewer, Winifred Wake, Fr. John Joseph Ketterer (*3rd Priest at Dereham*), Betty Lynch, Deanne Andrews, Peggy Free, Maurice Anthony de Chenu, Stan Bennett, Eugenie Beckett, John Hogan, Charles Hixson, Thomas Donoghue, Janet Lennon and Margaret Cliffe. *May their souls and the souls of all the faithful departed rest in peace.*

Hospital Visits – If you or family members are admitted to the Norfolk & Norwich Hospital (NNUH) or Queen Elizabeth II Hospital (QEII), King’s Lynn, and would like a visit from the Roman Catholic Chaplain, please call either St John’s Cathedral, Norwich (01603 624615) for visits to NNUH, or Fr Peter Rollings (01553 772220) for visits to QEII. If you would like to receive the Sacrament of Anointing of the sick before going to hospital, please contact Fr. Brendan on 01362 694066.

Sick List - Please pray for: Joan Blakiston, David Peek, Robert Nicol, Shirley Liebenhals, Sarah Chaudri, Anne & Derek Williams, Michelle Smith, Rita Smith, Eileen Brockleby, Pat Howe, Kathleen (Jenny) Rudd, Ellen Flood, Margaret Leggett, Peter Brown, James Maxwell, and Pamela & Catherine Evans and Robert Anderson.

Money Matters – The collection for the parish last weekend amounted to £425.69. Thank you very much. This weekend there is the CAFOD Family Fast Day Collection. Lenten Alms this year will go to The Medaille Trust to support people who have been trafficked into Europe.

| Diary Dates for this week – | |
|-----------------------------|-------------------------------------------------------|
| Mon. 13 Mar | AA Group meeting – 7.30pm-9.00pm in Emmaus Room |
| Weds. 15 Mar | Parish Fabric Committee meets – 7.30pm in Emmaus Room |
| Thurs. 16 Mar | Deanery Meeting – 10.30am-3.00pm – in Emmaus Room |
| Fri. 17 Mar | Altar Servers meet – 7.15pm in Emmaus Room |
| Sat. 18 Mar | Saturday Club meets – 11.00am in Emmaus Room |

Stations of the Cross will be on Friday at Noon. Groups are welcome to organise the Stations as in other years.

Lenten Station Mass – Our Lenten Station Mass will be celebrated by Bishop Alan on **23rd March 2017** at Our Lady of the Annunciation, Poringland, Norwich, commencing with Exposition of the Blessed Sacrament & Confessions at 6.00pm., followed by Mass at 7.00pm, and concluding with refreshments at 8.00pm. All welcome.

Advance Notice: The Chrism Mass will be on **Tuesday, April 11th** at 7.00 pm at St John’s Cathedral. We will hire a coach as usual.

Parish Open Meeting will follow the 11.00 am Mass on **Sunday, 2nd April**. Please submit items for the agenda to me through the letterbox, by email or to Elaine. The format will be: Midday Prayer, Lunch and the meeting. There will be no opening under Any Other Business. Please sign the list on the notice board for lunch and the meeting. Everyone is welcome.

Lent Talks, BBC Radio 4 - Six people well known in their fields reflect on the story of

Jesus’ ministry and Passion from the perspective of their own personal and professional experience. Tune in on Wednesday evenings to BBC Radio 4 at 20.45.

Diocesan Charismatic Renewal Day - Learning about “Praise”: an enriching Day of Prayer, Teaching and Renewal on **Saturday, 25th March: 10.00am – 4.30pm at Bowthorpe Church Centre, Norwich NR5 9AA.** Led by Eddie Drozdziak, a long-time leader in the Renewal. Drinks provided, lunch needed. For more details of the day, contact Philip on 07910157584.

Marriage Tribunal ‘Roadshow’ – In response to Pope Francis’ recent invitation to priests around the world to make the teaching of the church on marriage (and when they break down) better known and understood, each deanery of our diocese will be holding an information evening. These sessions are designed to make everyone aware of what the church has been doing, not only just recently under the guidance of Pope Francis, but also for many years to help those who have experienced broken marriages to heal the wounds they have suffered. Our deanery session will be taking place at St John’s Cathedral, Norwich on **Tuesday, 2nd May from 7.30pm to 9.00pm.** Anyone wishing to contact the Office directly, either telephone 01508 495168 during weekday mornings, or email to tribunal@rcdea.org.uk

Appeal by the Catholic Bishops in South Sudan - “We the Catholic Bishops in South Sudan have been following the unfolding humanitarian situation in South Sudan with care and vigilance. However, the latest government and famine Early Warning System figures predict that 4.9 million people will be in a food crisis across the country, many of them close to famine level between now and April 2017. The figure is expected to rise to 5.5 million people at the height of the lean season in July 2017 if nothing is done to curb the severity and spread of the food crisis. *We, the Catholic Bishops of South Sudan call on the international community for immediate and unconditional concrete intervention and action before thousands of innocent lives are carried away and before it is too late.*” All the Catholic aid agencies are making this crisis a priority. Please donate online if you can at CAFOD, SCIAF, TROCAIRE, The Barnabas Fund, or Christian Aid.

The Angelus

V. The Angel of the Lord declared unto Mary.

R. And she conceived of the Holy Spirit. Hail Mary...

V. Behold the handmaid of the Lord.

R. Be it done unto me according to thy word. Hail Mary...

V. And the Word was made Flesh.

R. And dwelt among us. Hail Mary...

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

LET US PRAY: **Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we to whom the Incarnation of Christ Thy Son was made known by the message of an angel may, by His Passion and Cross, be brought to the glory of His Resurrection. Through the same Christ, Our Lord. Amen**