

GOSPEL REFLECTION FOR THE 28TH SUNDAY IN ORDINARY TIME



Living in Wholeness

You must have met people who blame God when bad things happen. Do those same people give credit to God when good things happen? Today's gospel reading is a lesson on living in gratitude and wholeness.

Jesus cures ten lepers and nine of them hurry off without a word of thanks. Presumably they can't wait to get back to their families and loved ones. They can't wait to get back to where they left off. They can't wait to get back to 'normality'. To the nine lepers Jesus must have seemed nothing more than a biblical paramedic. How often do we fall into the same trap? We pray to God to help us through some crisis, but when the crisis blows over, do we remember to thank God or do we heave sigh of relief and carry on as 'normal'?

The one leper who returned to thank Jesus recognised that his life would never be 'normal' again. Something extraordinary had happened; his life had been touched by God. The nine lepers who returned to normality knew they had been made well, but the one who returned to thank Jesus recognised that not only had he been made well he had been made whole. The leper who returned was not about to forget what God had done for him. The leper who returned was bubbling over with gratitude.

We all have reasons to bubble over with gratitude to God. The key to living in wholeness is to appreciate when God lifts us from 'normality' and 'ordinariness'.

PARISH PRAYER - Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word, and a new consecration to your service; that your love might grow among us and your Kingdom come.
Through Christ our Lord. Amen

The Angelus

V. The Angel of the Lord declared unto Mary. **R. And she conceived of the Holy Spirit. Hail Mary**
V. Behold the handmaid of the Lord. **R. Be it done unto me according to thy word. Hail Mary.**
V. And the Word was made Flesh. **R. And dwelt among us. Hail Mar.**
V. Pray for us, O holy Mother of God. **R. That we may be made worthy of the promises of Christ.**
LET US PRAY: **Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we to whom the Incarnation of Christ Thy Son was made known by the message of an angel may, by His Passion and Cross, be brought to the glory of His Resurrection. Through the same Christ, Our Lord. Amen**

Useful links: Diocesan Website: <http://www.rcdea.org.uk>
Notre Dame High School, Norwich: Website <http://www.ndhs.org.uk>

PARISH OF THE SACRED HEART AND ST MARGARET MARY

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9TH OCTOBER 2016 - 28TH SUNDAY IN ORDINARY TIME

Sunday Masses – Page 149 of Parish Mass Book

Saturday	6.00 pm	Donor's Int.
Sunday	9.00 am	Special Int.
	11.00 am	Int. People of the Parish

Music for Sunday Masses - Setting: Belmont Mass

Entry 6pm – Angelus (said); Hymn 745 – O changeless Christ, for ever new, ...

Offertory Hymn 303 – Come down, O love divine ...

Communion Instrumental Interlude/Sacred silence ...

Recessional 11am – Angelus (said); Hymn 945 – Now thank we all our God ...

CONFESSION/RECONCILIATION: Saturday at 5.30pm, or on request / by appointment

Weekday Mass Times (28th week in Ordinary Time) [Psalter Week 4]

Mon.	10.00 am	Feria – Donor's Int.
Tues.	No Mass today	Feria
	7.30 pm	Queen of Peace Prayer Group – in Emmaus Room
Weds.	No Mass today	Feria
Thurs.	10.00 am	Feria – Donor's Int.
Fri.	10.00 am	Feria – Donor's Int.
	5.45 pm	Exposition of the Blessed Sacrament & Silent Prayer
	6.15 pm	Evening Prayer (Vespers)
Sat.	10.30 am	St Teresa of Jesus – Donor's Int.
	6.00 pm	29 th Sunday in Ordinary Time – Donor's Int.

The Parish Newsletter (incl. back copies) is available to view on the parish website from Friday onward each week.

Anniversaries this week: Sheila Flanagan, Joe Stasiorowski, Nellie Pinchbeck, David Jones, Sylvia Remmen and Pat Rushton. *May their souls and the souls of all the faithful departed rest in peace.*

Hospital Visits – If you or family members are admitted to the Norfolk & Norwich Hospital (NNUH) or Queen Elizabeth II Hospital (QEII), King's Lynn, and would like a visit from the Roman Catholic Chaplain, please call either St John's Cathedral, Norwich (01603 624615) for visits to NNUH, or Fr Peter Rollings (01553 772220) for visits to QEII. If you would like to receive the Sacrament of Anointing of the sick before going to hospital, please contact Fr. Brendan on 01362 694066.

Sick List - Please pray for: Joan Blakiston, David Peek, Michael Reavey, Robert Nicol, Shirley Liebenhals, Sarah Chaudri, Anne & Derek Williams, Anna Thompkins, Michelle Smith, Rita Smith, Eileen Brockleby, Pat Howe, Kathleen (Jenny) Rudd, Ellen Flood, Margaret Leggett, Diana Cater, Ken May and Muriel Harmer.

Money Matters – The collection last weekend was £438.41. Thank you all very much. Today, there is a retiring collection for CAFOD.

National Mass Count – The second of four national Mass counts during October takes place this weekend.

Diary Dates for this week –

- Fri. 14th Oct. – Introductory meeting for Confirmation candidates & parents - 7.15pm to 7.45pm
- Sat. 15th Oct. – Saturday Club meets - 11.00am in Emmaus Room

Ministry to Priests Programme - I will be going over to Clare this week for the Ministry to Priests. In East Anglia our parishes are, on average, 12 miles apart. The Ministry to Priests is a support group which is both spiritual and social and is a great help to those of us who attend it. This explains why there is no Mass on Wednesday this week.

Union of Catholic Mothers (UCM) - The Union of Catholic Mothers meets on **Wednesday, 12th October at 11 am.** ALL ladies from the parish are welcome to our meetings - single, married, divorced or separated - and you don't have to have children! Whilst we support the Church's view on marriage, we are there to share and support one another through all the joys and sorrows of everyday life, and the community at local, national and international levels. Come along and be sure of a welcome, or speak to one of our members.

Fabric Committee - We will be able to access funds from the Alive in Faith Programme from January/February onward. To do so we will have to submit plans to the Diocese with projected costs for each one, such as the car park, the kitchen etc. I hope that over the next five years that we will be able to complete all the work that was identified in the architect's five yearly report. To help achieve this, I would like to establish a Fabric Committee to work in conjunction with the Finance Committee. Interested men and women, please contact me to chat about it.

Prisoners' Sunday - 9th October – Today, Prisoners' Sunday, marks the beginning of Prisoners' Week (9th to 15th October 2016). "On Prisoners' Sunday my prayer is that we may find the courage to look beyond our systems of worldly justice, however necessary these may be, in order to know and show that all are truly invited to share in his Kingdom. And I commend to you the work of **Pact** who in a myriad of very practical ways seeking to make that invitation real to prisoners and their families." ~ *Cardinal Vincent Nichols*

Repository – Now in stock – Christmas cards, advent calendars, Nativity sets, and many other items. The shop (at the back of the church) is open after weekend Masses and weekdays. Contact Peggy Mealy on 01362 288499 for any help.

From our Rome Correspondent - "Greetings once again from your representative in the eternal city. It doesn't seem very long since I was starting out here just over a year ago, participating in the two-week long induction programme for new students at the Beda College, but now the tables have turned: I am part of the induction team for this year's new men, who represent England, Ireland, the United States and Thailand. As well as co-ordinating activities in the refectory, I am assisting in the overall process of familiarising these budding seminarians with our routines for prayer, work and study. Rome remains as fascinating and as stimulating as ever, and the college is still a lively environment. In addition to my regular studies this year I will be commencing a Master's degree in ethics and moral theology, which I'm sure will be challenging but extremely informative: the year is going to be very busy but I am aware of how privileged I am to have this time of learning and reflection.

It was wonderful to see people when in England, and I would have wished to have had more time to devote to visits and catching up. After my placement working in St Luke's parish in Peterborough I attended World Youth Day in Krakow with my fellow East Anglian seminarians and then had some very enjoyable holiday time with family and friends. The summer passed very quickly, and I have to acknowledge that it was a wrench to leave the diocese for my second of (hopefully!) four years at seminary. Sentimental though it may sound, my heart is very much in East Anglia, and I believe that my desire to minister is greatly nurtured by the people of the diocese and supported by the local saints who have gone before us. I ask continuously for the intercession of St Withburga and Our Lady of Walsingham, and pray for the intentions of Bishop Alan and the members of all our parish communities every day. Thank you for all your kindness and good wishes, and humbly I ask once again for your prayers and always keep you all in mind as the reason, through God's grace, for my being here. *In Christ, Mike Brookes* "

Bite Size

"Gratitude is our most direct line to God and the angels. If we take the time, no matter how crazy and troubled we feel, we can find something to be thankful for."

~ *Terry Lynn Taylor*