

GOSPEL REFLECTION FOR THE NINETEENTH SUNDAY IN ORDINARY TIME



Living the 'New Normal'

In these days of Coronavirus, there has been much talk of a 'new normal'. For those of us stuck at home there has been time to sit and re-evaluate what is truly important in our lives. Perhaps there are those who have decided that the 'old normal' is something they definitely don't want to go back to. What was it that kept us tied into that 'old normal'? What was it that kept us tied in meaningless jobs or hollow lifestyles? Was there an expectation that we live out our retirement sitting in front of daytime TV? Were we tied by fear of the unknown? Were we tied by a need to cling to what was familiar and safe? There's no doubt about it, life is a big tumultuous sea full of hidden dangers. Is it any wonder we seek to carve a little niche in which to tuck ourselves away?

In today's gospel, Peter displays some odd behaviour. The disciples have gone ahead of Jesus and are sitting alone in a small fishing boat. Suddenly a storm brews up and the disciples are terrified for their lives. Just then, Jesus walks over the water telling them, "Take heart, it is I; do not be afraid." Surely any of us at this point would have decided to sit tight and wait to be rescued. Not Peter! Peter scrambles out of the boat and begins in all faith to walk towards Jesus. The great news is that when Peter suddenly got frightened and his faith faltered, Jesus was there with a strong arm to hold him up.

Just as Jesus called Peter from the boat, so Jesus calls us over life's storms. What is it we might venture to do? We might venture to change our jobs for something more worthwhile. We might venture to take on some kind of voluntary role that we might not previously have considered or initiate a local community project a global one even! We might think it makes more sense to stick to what we know, but if Peter hadn't obeyed the call to walk on water, he might never have had the great opportunity to experience God's life changing support. So too if we spend our lives splashing around in the shallows, we are in danger of missing the opportunity to truly recognise God and so deepen our faith.

It's said that the safest place to be is not in the boat at all; the safest place is out on life's seas, because that's where Jesus is!



PARISH PRAYER – Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word and a new consecration to your service, that your love might grow among us and your kingdom come, through Christ our Lord, Amen.

Useful links: Diocesan Safeguarding – <https://www.rcdea.org.uk/safeguarding/>
 Diocesan Website – <http://www.rcdea.org.uk>
 Notre Dame High School, Norwich – <http://www.ndhs.org.uk>
 Daily Liturgy Website – www.universalis.com

PARISH OF THE SACRED HEART AND ST. MARGARET MARY [Registered Charity 278742]

Parish Priest: Fr. Brendan Moffatt – Telephone: 01362 694066

Email: Brendan.Moffatt@rcdea.org.uk

Address: The Presbytery, 35 London Road, Dereham NR19 1AS

Parish Website: <http://www.sacredheartdereham.org.uk>

Permanent Deacon: Rev. Martin Sanderson: Tel: 01362 822590

Email: martin.sanderson@rcdea.org.uk

Parish Music Leader: Michael King: Email: michaeljwking@gmail.com

Parish Safeguarding Representative: Kathleen Edmunds:

Email: kathleenedmunds@yahoo.com

9TH AUGUST 2020 – 19TH SUNDAY IN ORDINARY TIME – Year A

[19th Week of the Year, Weekday Year II, Psalter Week 3]

Mass Times for the Week			Intentions
Sat. 8 Aug	6.00 pm	19 th Sunday in Ord. Time	Ann & Stephen Mealy The People of the Parish Teresa Revell
Sun. 9 Aug	9.00 am 11.00 am		
Mon. 10 Aug	10.00 am	S Lawrence, Feast	Covid-19 Sick
Tues. 11 Aug	-	S Clare	No Mass today
Weds. 12 Aug	10.00 am	Feria	Sick & Housebound of the Parish
Thurs. 13 Aug	10.00 am	Feria	NHS Staff
Fri. 14 Aug	10.00 am	S Maximilian Mary Kolbe	Covid-19 Sick
Sat. 15 Aug	-	Feria	No morning Mass
Sun. 16 Aug	6.00 pm 9.00 am 11.00 am	THE ASSUMPTION OF THE BVM	Pamela Barnwell Private Int. The People of the Parish

FACE MASKS MUST BE WORN AT MASS
 Please see inside for updated guidance

Anniversaries this week: Frederick Faulkner, Betty Evans, Mark Blows, Roland Leslie Hutchinson, Gavin Wiggins Gemmell, Patricia Ann O'Connor, William Barton, Edwin Ronald Thurstance. *May their souls and the souls of all the faithful departed rest in peace.*

MASS LIVE STREAM – Search for **Dereham Catholic Church** on **YouTube**,
 Or use the following link:

<https://www.youtube.com/channel/UCR-qWs-B40VTvbezZ83MxQ/videos?view=2&flow=grid>

The parish newsletter (incl. back copies) is available to view on the parish website from Friday onward each week.

Hospital Visits: If you or family members are admitted to the Norfolk & Norwich Hospital (NNUH) or Queen Elizabeth II Hospital, King's Lynn (QEII), and would like a visit from the Roman Catholic Chaplain, please call either St. John's Cathedral, Norwich (01603 624615) for visits to NNUH, or call the NNUH Hospital Chaplaincy direct on 01603 287470 for people needing urgent spiritual attention, or for visits to QEII Hospital, call Fr. Peter Rollings on 01553 772220. If you would like to receive the Sacrament or Anointing of the sick before going to hospital, please contact Fr. Brendan on 01362 694066.

Sick & Housebound [with GDPR Permissions] – **Please pray for:** Janet Yardley, Jenny Rudd, Carol Whitesides, Shirley Liebenhals, Frances Saville King, Una McWeeny, Derek Williams, Teresa Kendall, Greta Cummings, Deacon Ron O'Toole (former Deacon at Dereham).

Money Matters: Thank you for your offering of £311.95 last weekend for the day-to-day running of our parish and for £675.00 in donations.

For those who would like to make their regular offerings by Standing Order, the information you need is: Account name: **Catholic Church of Dereham**. The Sort Code is: **40-20-08** and the Account number is: **11311115**. If you are a tax payer, please also consider **Gift Aid**. This is a great way for the parish to get additional funds from the tax reclaim benefits scheme; with this scheme you do not need to commit to a fixed amount as it will just be based on your total annual contribution. Let Fr. Brendan know if you would like to sign up to Gift Aid.

130 Club Draw for March 2020 - Quarterly Prize £25 - Ticket No. 126, Brian Liebenhals; 1st Prize £20 – Ticket No. 117, Rex Baker; 2nd Prize £15 – Ticket No. 122, Sarah Morris; 3rd Prize £10 – Ticket No. 92, Anne Williams; 4th Prize £10 – Ticket No. 56, Anne Sibley; 5th Prize £10 – Ticket No. 58, Peter Clough.



Newsletter by Email - Please let Fr. Brendan know if you would like to receive the parish's weekly bulletin by email. We have a GDPR compliant list of names for this purpose.

Diary Dates for this week - All parish group meetings remain suspended.

Masks and facial coverings are now compulsory at all Masses. Please look at the Parish Website for the full regulations. Please use the hand wash provided and bring your face covering for all Masses from now on. In order to continue to enjoy the more relaxed regulations which we now have, it is necessary for all of us to help protect ourselves and one another from the Coronavirus. Although there is a full schedule of Sunday Masses, we are not in normal times yet.

It is really great to be able to have Mass with a good-sized congregation each weekend. About 33% of our ordinary numbers are attending Sunday Mass and more watching the Mass from Sacred Heart, Dereham on YouTube. The wearing of masks will help preserve this relaxation of the rules for us. The weekday Masses are also live streamed. The parish has been put on the Diocesan List of live streamed Masses.

Guidance for the Celebration of Mass: An updated version of guidance for the public celebration of Mass in the light of the new instructions from the Government about the wearing of face coverings in places of worship which becomes obligatory from August 8th. Key points from the Guidance are highlighted below:

Face Coverings - Face coverings will be mandatory in Places of Worship from Saturday 8th August 2020. All those who are attending churches must wear a face covering unless they are exempt from doing so. This is for the good of all who gather in the Church for Mass as it is an enclosed public space where there are people from differing households who they do not normally meet. 4 Priests in the sanctuary providing they are sufficiently distant (2m or more) from the congregation do not need to wear a face covering except when distributing Holy Communion (please see below). Other ministers in the sanctuary should wear face coverings and remain socially distant from the celebrant.

Servers must wear face coverings whilst in the Sanctuary. Deacons should wear face coverings apart from the proclamation of the Gospel when he should remove the face covering at the lectern and replace it before moving away from it (providing the lectern is sufficiently distant from the congregation).

Readers may remove their face coverings at the lectern to read and should replace them before stepping away from it providing the lectern is sufficiently distant from the congregation.

The priest, and those who are distributing Holy Communion should wear face coverings when doing so.

The communicant should unloop their face covering and consume the Sacred Host and then replace the face covering before moving back to their pews in an orderly manner.

A full copy of the Guidance can be found on the parish website.

Mass Live Streaming – The parish has been added to the Diocesan website listing Mass Live Streaming around the Diocese. Go to <https://www.rcdea.org.uk/new-guide-to-live-streamed-masses-across-east-anqlia/>

Call for Action: Online Petition at Christian Aid - The World Bank estimates that an additional 60 million people risk falling into extreme poverty. Right now, you can help prevent people from suffering and dying due to the health and economic impacts of the pandemic by supporting calls for a debt 'jubilee' – requested by governments of poor and vulnerable countries. This would mean debt repayments of poor countries are cancelled during this crisis. Call on the chancellor to broker a more ambitious debt relief deal for the poorest countries. Find the online petition at www.christianaid.org.uk/campaigns/debt-jubilee-petition. *NB. Online petitions will often request a donation. This is optional. You don't need to make a donation for your petition to count.*

Bitesize – “The vision must be followed by the venture. It is not enough to stare up the steps — we must step up the stairs.” ~ *Vance Havner*