

Feeding Faith

We are forty years on from the first moon landing; yet as time goes by, the murmurings that it might never have happened gather momentum. "How could the flag be fluttering on an atmosphere free moon?" "How did the astronauts take such stunning photographs with apparent multiple light sources when their only light source was the sun?" It seems that when

anyone makes an incredible claim, there will be those who seek to discredit it. It's far easier to pick holes in and amazing claim than to support it. It's good that we have questioning minds, but what if our questions lead us up a blind alley where we are suddenly incapable of belief.

Put yourself In Jesus' shoes. You've worked inexplicable miracles, not least the feeding of five thousand with just five loaves and two fishes. Now you try to explain to the crowds that your miracle wasn't just about feeding a bunch of hungry people, your miracle was a sign of your divinity. "I am the living bread, that came down from heaven; whoever eats this bread will live forever, and the bread that I will give is my flesh for the life of the world." The people have a hard time believing your claim. Even though they've witnessed your great miracle, they mutter to each other. "Who's he trying to kid ... we knew his parents and we know where he's from ... how can he have come down from heaven?" Maybe the crowds were looking for more signs ... more miracles! If we were in Jesus' shoes we might have obliged with a few more miracles, but Jesus knows that this is not the answer. Instead, he makes us a promise. "I am the bread of life, anyone who eats this bread will live forever." If we share in Christ's Eucharist, our faith will be nourished and we will inherit evenlasting life.

Bite Size

"One person with a belief is equal to a force of 99 who have only interests." John Stuart Mill, English economist & philosopher (1806 - 1873)

PARISH PRAYER - Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word, and a new consecration to your service; that your love might grow among us and your Kingdom come. Through Christ our Lord. Amen

PARISH OF THE SACRED HEART AND ST MARGARET MARY

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9TH AUGUST 2015 - 19TH SUNDAY IN ORDINARY TIME

Weekend Masses – Page 117 of Parish Mass Book				
Saturday	6.00 pm			
Sunday	9.00 am	John Perkins (Morris)		
	11.00 am	People of the Parish		

Music for Sunday Masses -

Processional: 6pm – Angelus (said); Hymn 644 – Alleluia, sing to Jesus ...
Offertory: Hymn 962 – Firmly I believe and truly ...
Communion Instrumental Interlude at player's discretion ..
Recessional: 11am – Angelus (said); Hymn 629 – I am the Bread of Life ...

CONFESSION/RECONCILIATION - Saturday at 5.30 - 5.55 pm

Mass Times for the Coming Week (19 th week in Ordinary Time) [Psalter Week 3]			
Mon.	10.00 am	John Perkins (Tinney) - St Lawrence	
Tues.	No Mass today	- St Clare	
	7.30 pm	Queen of Peace Prayer Group – in Emmaus Room	
Weds.	10.00 am	- Feria	
Thurs.	10.00 am	- Feria	
Fri.	10.30 am	Requiem Mass for John Perkins	
Sat.	10.30 am	- Feria	
	6.00 pm	John Perkins (Monaghan) - The Assumption of the Blessed	
		Virgin Mary	

The Parish Newsletter is available to view on the parish website [http://www.sacredheartdereham.org.uk] from Friday onward each week; back copies can also be viewed on the website.

Anniversaries this week: Frederick Faulkner, Betty Evans, Mark Blows, Roland Leslie Hutchinson, Gavin Wiggins Gemmell, Patricia Ann O'Connor and William Barton. *May their souls and the souls of all the faithful departed rest in peace.*

Money Matters (*O yes, it does!*) – The collection last weekend was £505.44. Thank you very much.

Lenten Alms - Next Sunday there will be a retiring collection in aid of Diocesan Lenten Alms. This collection should have been taken during Lent but was inadvertently missed and needs to be submitted to the Diocese by the end of this month. The proceeds from this collection will go to CENACOLO for the Church's work among young drug addicts and AID TO THE CHURCH IN NEED for refugees in Syria and Iraq.

Hospital Visits – If you or family members are admitted to the Norfolk & Norwich Hospital and would like a visit from the Roman Catholic Chaplain, please call St John's Cathedral, Norwich (01603 624615). If you would like to receive the Sacrament of Anointing of the sick before going to hospital, please contact Fr. Brendan on 01362 694066.

Sick List - Please pray for Michelle Redmond, Fr Michael Teader and John Fox.

Preparing the Church for the Weekend – I would appreciate it greatly if those who attend Mass on Friday mornings could open the partition and put out the chairs etc. for the weekend during the Summer holidays. There is no longer an AA meeting on Fridays and Altar Servers and Catechism classes are cancelled until the new school term. Your help would be appreciated very much.

Maximilian Kolbe - August 14th - Maximilian Kolbe was a Polish priest who died as a prisoner in Auschwitz on August 14th 1941. When a prisoner escaped from the camp, the Nazis, in reprisal, selected ten others to be killed. One of those selected, Franciszek Gajowniczek cried out, "My wife! My children! I will never see them again." Moved by pity St. Maximilian stepped forward and asked to die in his place. The request was granted. He was canonized a martyr by Pope John Paul II in 1981. The cell where he died is now a shrine.

Date for your Diaries – I was surprised and delighted with the initial response to my announcement about a day of silent prayer to be held at Sacred Heart. The date is Saturday, 10th October from 10.00 am to 3.00 pm. It will be led by Magdalen Houlihan from Clare. Magdalen has promised to send me a note for the newsletter about the day. It will be a very worthwhile experience.

Repository (Church Shop) – The church shop has a good variety of religious items for sale – missals & bibles, mass cards, First Holy Communion cards and gifts, new baby and birthday cards, rosaries, statues, children's books, candles, etc. Also now in stock – Christmas cards, advent calendars, Nativity sets, and 2016 diaries. All at reasonable prices. The shop is open after weekend Masses and also weekdays on request. Contact Peggy Mealy on 01362 288499 for any help.

Pamphlets in the porch – Don't forget to have a look at the various Catholic pamphlets I have left in the porch which are free to take away. They were given to me some years ago by Catholic people at RAF Lakenheath. They are all good teaching aids.

Exam Results - Remember to pray for the youth of our parish who are expecting exam results imminently. We pray that whatever the results bring, our children will be able to see the bigger picture, and know that whatever they are destined to do next is part of God's plan.

Norfolk Churches Trust Bike Ride: Saturday 12th September 2015 – A reminder that this year, the annual sponsored bike ride takes place on Saturday, 12th September between 9am – 5pm. The Norfolk Churches Trust was founded in 1976 and makes grants to churches and chapels of all denominations towards repair and restoration costs. Since its inception the Trust has raised money to make grants to more than 600 different churches and chapels totalling over £4 million. Participants can raise money for their own church and for the Trust and you can choose your own route, visit as many churches and chapels as you wish, by bicycle, horse, car or on foot. Sponsorship forms are available for anyone wishing to take part. As in previous years, volunteers on the day to provide hospitality to participating riders visiting our church would be welcomed.

Walsingham: Annual Pilgrimage for the Sanctity of Life - Sunday 27th September 2015 – Led by Bishop Philip Egan, Bishop of Portsmouth. All are warmly invited to unite in this day of prayer. For further details see the poster on the notice-board or pick up a flyer.

Finding Mass Times On Holiday - Mass Times Website - The purpose of the "Mass Times" ministry is to help Catholics get to Mass by helping them find churches and worship times worldwide. They do this by hosting and sharing the most comprehensive database of Catholic churches and worship times in existence. Dioceses, parishes, and many volunteers help keep the database current. It can be difficult for Catholics to find a Mass when travelling or when it is not practical to attend their regular parishes. It is not always easy to find the right diocesan or parish websites. Mass Times makes it much easier to search for a Mass by presenting all the possibilities in a geographical area on one page. (www.masstimes.org)