

## GOSPEL REFLECTION FOR THE THIRTY-FIRST SUNDAY IN ORDINARY TIME



### The Hypocrisy Trap

It's easy to be religious, but it's not easy to be Christian. It's easy to go to church, carry a bible and look prayerful, but it's not always easy to put faith into action. Even when we do put our faith into action it's hard not to want people to notice how good we are being.

Yet again the Pharisees are in Jesus' bad books. "... Do whatever they teach," Jesus advises, "but do not do as they do, for they do not practice what they preach." Jesus accuses the religious leaders of hypocrisy. "They tie up heavy burdens hard to bear and lay them on the shoulders of others." "They do all their deeds to be seen by others." Jesus is telling us that if we start placing more emphasis on outer conduct rather than on inner character we are hypocrites. We are hypocrites if we do good deeds not for the love of others but for love of the spotlight.

None of us set out to be hypocrites, so perhaps we shouldn't be quite so harsh on the Pharisees. Hypocrisy is a very easy trap to fall into. We are constantly dishing out advice as parents, as teachers, as counsellors and as best friends .... advice we are often guilty of not following ourselves. Hypocrisy is a very human failing. We want to be one thing but end up being another. Then instead of owning up to our weaknesses we pretend to be something that we're not and then want praise and admiration into the bargain!

Today Jesus gives us an all-important strategy for avoiding the hypocrisy trap. Stay humble! If we can develop a genuine motivation to look to the interests of others we are less likely to crave personal glory.

### Bite Size

"Don't try to be different. Just be good. To be good is different enough."  
~ Arthur Freed

**PARISH PRAYER - Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word, and a new consecration to your service; that your love might grow among us and your Kingdom come.**  
**Through Christ our Lord. Amen**

Useful links: Diocesan Safeguarding - <https://www.rcdea.org.uk/safeguarding/>  
Diocesan Website: <http://www.rcdea.org.uk>  
Notre Dame High School, Norwich: <http://www.ndhs.org.uk>  
Daily liturgy website: [www.universalis.com](http://www.universalis.com)

## PARISH OF THE SACRED HEART AND ST MARGARET MARY [Reg. Charity 278742]

Parish Priest: Fr. Brendan Moffatt - email: [brendanmoffatt@yahoo.co.uk](mailto:brendanmoffatt@yahoo.co.uk)

Address: The Presbytery, 35 London Road, Dereham NR19 1AS

Telephone: 01362 694066.

Parish website: <http://www.sacredheartdereham.org.uk>

Permanent Deacon: Rev. Martin Sanderson - Tel: 01362 822590

email: [dcnmsanderson@hotmail.com](mailto:dcnmsanderson@hotmail.com)

Parish Music Leader: Michael King - email: [michaeljwking@gmail.com](mailto:michaeljwking@gmail.com)

Parish Safeguarding Representative: Kathleen Edmunds -

email: [kathleenedmunds@yahoo.com](mailto:kathleenedmunds@yahoo.com)

## 5<sup>TH</sup> NOVEMBER 2017 – 31<sup>ST</sup> SUNDAY IN ORDINARY TIME

### Sunday Masses – Page 149 of Parish Mass Book

Saturday	6.00 pm	Int. Kathleen Carroll
Sunday	9.00 am	Int. People of the Parish
	11.00 am	Int. Bill Bell

### Music for Sunday Masses - Setting: *The People's Mass* (Dom Gregory Murray)

Entry 6pm – *Angelus* (said); Hymn 934 – Dear Lord and Father of mankind ...

Offertory Hymn 908 – Blest are the pure in heart ...

Communion *Instrumental Interlude/Sacred silence* ...

Recessional 11am – *Angelus* (said); Hymn 779 – O God, you search me and you know me..

### CONFESSION/RECONCILIATION: Saturday at 5.30pm, or on request / by appointment

Weekday Mass Times	(31 <sup>st</sup> week in Ordinary Time)	[Psalter Week 3]
Mon. 10.00 am	Feria – Int. Jennie Carolan	
Tues. <b>No Mass today</b>	Feria	
	7.30 pm	Queen of Peace Prayer Group – in Emmaus Room
Weds. 10.00 am	Feria – Int. Thelma Jones (Sanderson)	
Thurs. 10.00 am	THE DEDICATION OF THE LATERAN BASILICA. Feast .	
	– Int. Eileen Monaghan	
Fri. 10.00 am	St Leo the Great – Int. Harry Wilkes	
Sat. 10.30 am	St Martin of Tours – Donor's Int.	
	6.00 pm	32 <sup>nd</sup> SUNDAY IN ORDINARY TIME – Int. Thelma Jones (Kendall)

The Parish Newsletter (incl. back copies) is available to view on the parish website from Friday onward each week

**Anniversaries this week:** Pam Gayton, Fr. Brian Nightingale, Patricia Hawkins, Kathleen Carroll, Bill Bell, Maria Gee, *Iris Scott*, Doreen Edith Derere, Eileen Monaghan, Edith Howard and Delia Shelley. *May their souls and the souls of all the faithful departed rest in peace.*

**Hospital Visits** – If you or family members are admitted to the Norfolk & Norwich Hospital (NNUH) or Queen Elizabeth II Hospital (QEII), King’s Lynn, and would like a visit from the Roman Catholic Chaplain, please call either St John’s Cathedral, Norwich (01603 624615) for visits to NNUH, or Fr Peter Rollings (01553 772220) for visits to QEII. If you would like to receive the Sacrament of Anointing of the sick before going to hospital, please contact Fr. Brendan on 01362 694066.

**Sick List - Please pray for:** Joan Blakiston, David Peek, Robert Nicol, Shirley Liebenhals, Sarah Chaudri, Anne & Derek Williams, Rita Smith, Eileen Brockleby, Kathleen (Jenny) Rudd, Ellen Flood, Margaret Leggett, Peter Brown, Robert Anderson, Carole Whitesides, Doris Hipper, Janet Yardley and Josie Myhill.

**Money Matters** – The collection for the maintenance of the parish last weekend was £424.43. Thank you all very much.

Diary Dates for this week –	
Mon. 6 <sup>th</sup> Nov.	Mother Teresa’s Knitting Group meets – 2.00pm in Emmaus Room. New members very welcome.
Weds. 8 <sup>th</sup> Nov.	UCM meeting – 11.00am in Emmaus Room.
Sat. 11 <sup>th</sup> Nov.	Saturday Club meets - 11.00am in Emmaus Room

**Advent** is coming up quite soon and during Advent we will be singing The Belmont Mass as a change to The New Peoples’ Mass. The mood and feeling of the liturgy changes throughout the year and Advent is a season of joyful hope. The Gloria is not sung during Advent.

**Remembrance Sunday: November 12<sup>th</sup>** - 11.00am Mass will be a Requiem Mass for the Fallen of the two World Wars and subsequent conflicts. Mass will be preceded by the Silence.

**Additional Eucharistic Prayers.** I have been using these additional prayers on Fridays for some time now. They are printed in The Parish Mass Book and can be used on Sundays either with their own preface or a seasonal one. I feel that using these will add a bit of variety to our celebration and may just help our attention a bit. In an ideal world we should just listen to the Scripture and Eucharistic Prayers and not follow them in books, but the books are there for those who would like to read them.

**Red Wednesday, 22<sup>nd</sup> November** – Red Wednesday is a national initiative to highlight the persecution of Christians and to raise the profile of Religious Freedom. Churches and cathedrals across the country shall be lit in red as a sign of solidarity to Christian martyrs, including Westminster Cathedral. Masses shall be celebrated and prayers said for the persecuted church. In Norwich, our own Catholic cathedral will be lit up in red

and Bishop Alan Hopes shall be celebrating Mass at 7.00pm. In addition, the Catholic National Shrine in Walsingham will also be lit up in red. See the poster at the back of Church for more information.

**Annual UCM Christmas Fayre** will be held over three weekends, beginning on the 18th/19th November. We would be most grateful to have items donated such as unwanted gifts or anything that is saleable, craft works, preserves, toys in good condition, etc. A box will be placed at the back of church to receive any donations.

**Advent Retreats at Clare Priory – 1<sup>st</sup>-3<sup>rd</sup> December 2017:** An opportunity to prepare for Christmas through prayer and reflection, led by Sr Frances More; and **8<sup>th</sup>-10<sup>th</sup> December 2017:** God has spoken to us through his Son (Hebrews 1: 1-6). On this weekend we explore the humanity of Jesus, reading the letter to the Hebrews, led by Dr Kieran O’Mahony OSA. Cost £145 (residential) each retreat. To book: Tel: Kathy Reddick, 01787 277326, email [clarepriory@clarepriory.net](mailto:clarepriory@clarepriory.net). *See the poster at the back of church.*

**Pope Francis’s Prayer Intention for November 2017** - Sad to say that even in our tolerant 21<sup>st</sup> Century there still exists misunderstandings, mistrust, doubts and prejudices between religions. To overcome these tensions, and to establish a lasting understanding and peace between Christians and other religions, dialogue must play a key role. This is particularly important in Asia, home to many world religions.” With this in mind we are asked to join in Pope Francis’s prayer intention **“...That Christians in Asia, bearing witness to the Gospel in word and deed, may promote dialogue, peace, and mutual understanding, especially with those of other religions.”**



**Poppy Appeal 2017: Rethink Remembrance** - Your poppy supports the Armed Forces community, past and present. The Royal British Legion is asking the nation to Rethink Remembrance by recognising the sacrifices made by the Armed Forces community, past and present. By wearing a poppy, you aren’t just remembering the fallen: you’re supporting a new generation of veterans and Service personnel that need our support.



#### The Angelus

> V. The Angel of the Lord declared unto Mary. **R. And she conceived of the Holy Spirit.** >  
< < < **Hail Mary ...** < < <  
> V. Behold the handmaid of the Lord. **R. Be it done unto me according to thy word.** >  
< < < **Hail Mary ...** < < <  
> V. And the Word was made Flesh. **R. And dwelt among us. Hail Mary ...** >  
< < < V. Pray for us, O holy Mother of God. **R. That we may be made worthy of the promises of Christ.** < < <  
> LET US PRAY: **Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we to whom** >  
< < < **the Incarnation of Christ Thy Son was made known by the message of an angel may, by His** < < <  
> **Passion and Cross, be brought to the glory of His Resurrection. Through the same Christ, Our** >  
< < < **Lord. Amen** < < <