

GOSPEL REFLECTION FOR THE FOURTEENTH SUNDAY IN ORDINARY TIME

Out of the Mouths of Babes - How often do we laughingly say, "... Out of the mouths of babes!" We usually say it when one of the junior members of our family has stated a glaring or embarrassing truth. To children the truth is black and white, but the older we get the more we tend to complicate issues that really ought to be very simple. Perhaps we want to dress up the truth with our own interpretations. Perhaps we want to disguise truths that make us feel uncomfortable. Whatever the reasons, as we get older the truth is harder for us to recognise.



Today Jesus criticizes the religious leaders who over complicate the law. Jesus was concerned for those people at the bottom of the social heap who could not live up to the six hundred and thirteen commandments of the Jewish law. Jesus' intention was not to do away with the law, but he could not support the lawyers who spent their time manufacturing new and insufferable burdens for broken people. To the broken people Jesus says, "Come to me, all you who labour and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light."

The demands of the twenty first century puts many challenges our way, and we spend a lot of our time juggling priorities and trying to live our lives by more than one agenda. Our lives are complicated and overly burdened. We look for the solutions to our problems in lifestyle magazines and in bottles of pills, no longer able to recognise simple truths. Why don't we look more to God for solutions? God wants us all to have peace and fulfilment; all we have to do is to yield to God's agenda. The smallest child knows the difference between what is important and what is not. Why can't we?

When Jesus says, "My burden is light," he does not mean that Christianity is an easy way out ... he simply means that his demands aren't weighed down with rules and regulations that we aren't capable of meeting. "Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light."



PARISH PRAYER – Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word and a new consecration to your service, that your love might grow among us and your kingdom come, through Christ our Lord, Amen.

Useful links: Diocesan Safeguarding – <https://www.rcdea.org.uk/safeguarding/>
 Diocesan Website – <http://www.rcdea.org.uk>
 Notre Dame High School, Norwich – <http://www.ndhs.org.uk>
 Daily Liturgy Website – www.universalis.com

PARISH OF THE SACRED HEART AND ST. MARGARET MARY [Registered Charity 278742]

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5TH JULY 2020 – 14TH SUNDAY IN ORDINARY TIME – Year A

[14th Week of the Year, Weekday Year II, Psalter Week 2]

Mass Times for the Week			Intentions & Church Open Times
Sat. 4 th July	6.00 pm	14 th Sunday in Ord. Time	Holy Souls
Sun. 5 th July	9.00 am 11.00 am		Holy Souls The People of the Parish
Mon. 6 th July	10.00 am	Feria	Anna Easton <i>Church open 10.30am-12.30pm</i>
Tues. 7 th July	-	Feria	No Mass today
Weds. 8 th July	10.00 am	Feria	Bill Murphy <i>Church open 10.30am-12.30pm</i>
Thurs. 9 th July	10.00 am	Feria	Sandra Mealy <i>Church open 10.30am-12.30pm</i>
Fri. 10 th July	10.00 am	Feria	Holy Souls <i>Church open 10.30am-12.30pm</i>
Sat. 11 th July	-	S Benedict	No morning Mass
Sun. 12 th July	6.00 pm 9.00 am 11.00 am	15 th Sunday in Ord. Time (Sea Sunday)	Edward Jarrun Holy Souls The People of the Parish

Please note that Morning Prayer will not be recited in public before Mass at this time. If you have Universalis on your 'phone or tablet, it may be recited. We are not allowed to use the books at this time.

MASS LIVE STREAM – Follow the link to YouTube:

<https://www.youtube.com/channel/UCR-qWs-B40VTvbzezZ83MxQ/videos?view=2&flow=grid>

The parish newsletter (incl. back copies) is available to view on the parish website from Friday onward each week.

Anniversaries this week: Irene Dorothy O'Brien, Mary Costen, Joan Mary Siedlecki, Rosie Hawksbee, Elaine Stephenson, Antonio Fernando Marques, Edward Clare and Doris Eden. *May their souls and the souls of all the faithful departed rest in peace.*

Hospital Visits: If you or family members are admitted to the Norfolk & Norwich Hospital (NNUH) or Queen Elizabeth II Hospital, King's Lynn (QEII), and would like a visit from the Roman Catholic Chaplain, please call either St. John's Cathedral, Norwich (01603 624615) for visits to NNUH, or call the NNUH Hospital Chaplaincy direct on 01603 287470 for people needing urgent spiritual attention, or for visits to QEII Hospital, call Fr. Peter Rollings on 01553 772220. If you would like to receive the Sacrament or Anointing of the sick before going to hospital, please contact Fr. Brendan on 01362 694066.

Sick & Housebound [with GDPR Permissions] – Please pray for: Janet Yardley, Jenny Rudd, Carol Whitesides, Shirley Liebenhals, Frances Saville King, Una McWeeny, Derek Williams, Teresa Kendall, Greta Cummings, Deacon Ron O'Toole (former Deacon at Dereham).

Money Matters: Thank you for your offerings towards the upkeep of our parish. This week I was able to bank £100 and there have been some new Standing Orders/Direct Debits too. The equipment for Live Streaming has now been installed and our celebrations of Mass will be available via YouTube. It is a permanent and good quality installation and also expensive. If anyone would like to make a donation to help defray the costs, it would be most welcome.

For those who would like to make their regular offerings by Standing Order, the information you need is: Account name: **Catholic Church of Dereham**. The Sort Code is: **40-20-08** and the Account number is: **11311115**. If you are a tax payer, please also consider **Gift Aid**. This is a great way for the parish to get additional funds from the tax reclaim benefits scheme; with this scheme you do not need to commit to a fixed amount as it will just be based on your total annual contribution. Let Fr. Brendan know if you would like to sign up to Gift Aid.



Newsletter by Email - Please let Fr. Brendan know if you would like to receive the parish's weekly bulletin by email. We have a GDPR compliant list of names for this purpose.

Diary Dates for this week – *All parish group meetings currently remain suspended.*

Public Mass - The Faithful are now allowed to attend Mass once more.

- * Please be aware that there is a limit to how many people may attend Mass at any one time – **numbers for each Mass are restricted to 50 people**. A steward is needed to count the people on entering the church.
- * Please keep the **Social Distance of 1 metre +** and use the hand sanitisers on entry and leaving. Families and households can sit together.
- * There are no Mass or hymn books in the church. Please use Universalis or your own missal.

- * There will be no singing and Holy Communion will be distributed in the hand only. I will make the necessary announcements before Mass.
- * The toilet and the servery are out of use.
- * Volunteers are needed to help clean the church.

Your co-operation is essential to the health and safety of everyone.

Mass in Public: Letter from Bishop Alan – “I am delighted to hear that most of our churches will be open for Mass this weekend or next. This is, of course, only possible if all the requirements for opening a church for private prayer are already in place, and that any additional requirements of the Bishops' Conference and the Government can be put in place before public Masses are celebrated. Whilst encouraging you in all your efforts, I do understand that this is a significant challenge for all of us. Change can be daunting, but in all this we are encouraged by our Lord to put our trust in him, and put out into deep water! However, there is no pressure on any of you to do this until you and your parish community are certain that you can meet all the requirements. This might mean that it will be a little longer before this is possible. It really does matter that churches which open for public worship do so safely and securely. I would be grateful if you would let your Dean know what your plans are with regard to celebrating Mass publicly in church. It will be useful to have a list here in Poringland. With my prayers and good wishes for you over these next few weeks, *In Christ, +Alan, Rt Rev Alan S. Hopes, Bishop of East Anglia.*”

Pope Francis Prayer Intention for July - This month we pray alongside Pope Francis for 'family'. We pray for our own families, for those who have no family, for shattered refugee families and, at this time, for families devastated by the effects of the contagion. But more broadly we are asked to reflect on the importance of family and our place in it. We are asked not to marginalise elderly family members, but to look to their experience. We are asked not just to push our children to pass exams, but to nurture and guide them so that they grow into fine adults. We are asked to respect our spouse, never taking them for granted. This month we are invited to pray “...*that today's families may be accompanied with love, respect and guidance.*”



Care for Our Common Home: *Don't Step on a Bee Day, 10th July: A Day to protect our bees.* Things we can do:

- Plant bee-friendly flowers.
- Eliminate garden pesticides
- Build a 'bee hotel' in the garden.
- Put out a saucer of water lined with pebbles in the hot weather.
- Keep local beekeepers in business by buying their produce.



Bitesize - The ordinary acts we practice every day at home are of more importance to the soul than their simplicity might suggest. ~*Thomas Moore, Irish poet (1779 - 1852)*