PARISH OF THE SACRED HEART AND ST.MARGARET MARY, EAST DEREHAM, NORFOLK

Parish Priest: Fr. John Barnes MA

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NOVEMBER 4th 2012 : 31st SUNDAY IN ORDINARY TIME

Sunday Masses

Saturday 6.0pm Int. +Kathleen Carroll Sunday 9.0am Int. For the People 11.0am Int.+Bill Bell

Weekday Masses

Monday **FERIA** 10.0am Int. Tuesday FERIA 10.0am Int. Wednesday ST.WILLIBRORD 10.0am Int. +Rose Bere Thursday FERIA No services today Friday FEAST OF THE DEDICATION OF THE LATERAN BASILICA 10.0am Int. Our Confirmation Candidates Saturday ST.LEO THE GREAT 10.30am Int. 6.0pm Int. +Eileen Monaghan

Sacrament of Reconciliation Saturday Noon and 5.30pm, or by appointment.

Exposition and Adoration of the Blessed Sacrament Tuesday 10.30am; Benediction at 11.0am.

The Rosary Friday 10.30am

The Divine Office

The Office is said a quarter of an hour before the Mass on Weekdays. This week we use Psalter Week 3

The Mass today The readings can be found on p.152 of the Parish Mass Book, and on p.942 of The Sunday Missal.

At the 6.0pm Mass	Eucharistic Prayer 1
Sanctus & Benedictus	Schubert
Hymns	(Angelus) 865, 795
At the 9.0am Mass	Eucharistic Prayer 2
Sanctus & Benedictus	Schubert
Hymns	887, 801, 798
At the 11.0am Mass	Eucharistic Prayer 3
At the 11.0am Mass Gloria	Eucharistic Prayer 3 Lourdes
	v
Gloria	Lourdes
Gloria Sanctus & Benedictus	Lourdes Schubert 962, 794, (Angelus) 862

This Sunday the quarter-hour Exposition of the Blessed Sacrament before Mass will precede the 11.0am Mass. Next Sunday, it will take place before the 6.0pm Mass.

THIS WEEK

Monday 7.30pm Queen of Peace Prayer Group at the Presbytery. All welcome.

THE YEAR OF FAITH

TUESDAY, 7.30pm, NARTHEX THE CAFÉ COURSE SAINTS HELPING US TODAY III ST.FRANCIS OF ASSISI COME ALONG AND BRING A FRIEND!

Wednesday 11.0am The monthly Service at the Oak Manor Care Home.

Friday 7.0pm-8.30pm The Confirmation
Group meets at the Presbytery.
Saturday 10.30am-11.30am Saturday Club,
for young people aged five to twelve.
1.0pm The Confirmation Group goes cycling in
Thetford Forest. We meet in the car park.
Neaxt Sunday Remembrance Sunday. The
11.0am Mass will be offered as a Solemn Requiem
for those who have died in Battle, and there will
be the traditional Act of Remembrance at 11.0am.

PARISH NOTICEBOARD

Anniversaries Pam Gayton (2010), Kathleen Carroll (2008), Bill Bell (2000), Maria Gee (2008), Doreen Derere (2003), and Eileen Monaghan (2005). May they Rest in Peace.

Money Matters Last Sunday £447.71 was given at the Offertory. Today there is a retiring collection for the St.Edmund Fund.

Justice and Peace Group A member writes 'Many parishioners would have been delighted to read of the success of the work of Fr.Paul Maddison and the charity *Palestine Pilgrimage* in the November edition of the diocesan newspaper. Fr.Paul addressed the Group's social evening here a few years ago on the dreadful plight of Christians and other Palestinians living in the Holy Land. We really do wish him well and pray that the charity continues to grow in its twin aim of helping the *living stones* of the Holy Land and increasing the faith of those who make a pilgrimage to this fascinating and inspiring land – the birthplace of Our Lord Jesus Christ.'

A CONVERSATION

"Father, there was such a nice priest at the church I went to on my holidays – he was so friendly, and gave a welcome to everyone at the beginning of Mass. Why don't you say 'welcome' at the start of Mass?"

"Well I don't really feel that it is my place to do so. If I was running a restaurant, then of course I'd welcome the customers – very warmly. But I'm not 'running' the church here in that kind of way - it isn't mine, it belongs to the whole Catholic community in this place – it is theirs just as much as it is mine. It belongs to all of us, as does the Mass. It would be odd if the people said 'welcome' to the priest at the beginning of Mass, and it would be just as odd if he said 'welcome' to them. We are all in this together. Actually I do on particular occasions say 'welcome' at the start of Mass, but I'm always careful to 'welcome all who are here as visitors'. As for the parishioners, well we all belong here – it's our common spiritual home. It would be presumptuous for me to welcome the parishioners to their own home!"

"Well Father, you could at least say 'Good Morning' at the beginning of Mass – that's what the nice friendly priest did at my holiday place."

"In the Catholic Church, the ancient way by which the priest says 'Good Morning' to the people is by saying *The Lord be with you*, and they respond by saying *And with your spirit*. To say 'Good morning' in addition would be to repeat oneself. And don't you think that *The Lord be with you* is a much nicer and more Christian form of greeting than the very secular 'Good morning'?"

SO IS THE CAFÉ COURSE STILL ON THE ROAD?

Very much so! We had a really good evening last Tuesday, and whereas I pessimistically thought that number would be right down, they were in fact slightly up! Last Tuesday, the subject was St.Benedict, Father of the Monks of the Western Church, and we were asking how he can help us today on our pilgrim way. We saw that in the famous Rule for Monasteries which he wrote, and in his own personal life, there was a wonderful balance, combining normal healthy living with a true quest for sanctity in the presence of God. No extremes, nothing showy. 'Balance' and 'rhythm' are words which occurred a lot. And he shows us a way to achieve this. There needs to be a balance in our lives between action and silence, between the loving of God through prayer and worship, and the serving of our fellow men and women through our work. There is always a danger that we neglect prayer – far more danger of us doing that than neglecting our active life in the world. We must maintain the balance. This Tuesday, we look at another great saint, St.Francis of Assisi. Do come along – I think you'll enjoy it!