

GOSPEL REFLECTION FOR CORPUS CHRISTI



An Every Day Miracle - The Eucharist is an 'every day miracle'. The trouble is that for many of us, the Eucharist has become so routine that we can easily fail to appreciate its true significance.

If we really want to rekindle the wonderment of that daily or weekly miracle, we have to start nurturing a life changing appreciation of the Eucharist and of the Mass. Key to appreciation is preparation. If the Eucharist is food for our minds and our souls, it's important not to fill up on junk beforehand. Do we turn up for

Mass in the right frame of mind ready to give genuine thought to our prayers and to the readings, or do we arrive with our heads full of trivia - life's junk food? Chances are that if we arrive at Mass with our heads full of unrelated thoughts, we will spend our time simply going through the motions. We might as well not be there in the first place.

In the moments before Holy Communion when we are kneeling quietly in the bench with heads bowed, are we simply kneeling quietly in the bench or are we preparing our minds. We need to be preparing to receive Jesus' real presence into our bodies and into our lives. We need to be remembering Jesus' sacrifice and the reasons he made it. At the Last Supper Jesus charged us to keep his memory alive. In celebrating the Eucharist, we celebrate the memory of his passion and death. As we break bread and drink wine in his name we recall Jesus' opposition to religious sham, his commitment to forgiveness and inner healing, his determination to overcome sin and his ultimate sacrifice.

How do we behave after Communion? Do we hurry back to our seat and continue chatting to the person in the next bench? How do we behave after the Mass has ended, do we make a hasty exit keen to get on with the rest of the day, or do we remember that we are taking God out into the world with us?

Jesus is with us to the end of time, and one of the ways he is with us is through the Eucharist. The sooner we start appreciating this every-day miracle the sooner our lives will change for the better.



PARISH PRAYER - *Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word, and a new consecration to your service; that your love might grow among us and your Kingdom come. Through Christ our Lord. Amen*

Useful links: Diocesan Safeguarding - <https://www.rcdea.org.uk/safeguarding/>
Diocesan Website: <http://www.rcdea.org.uk>
Notre Dame High School, Norwich: <http://www.ndhs.org.uk>
Daily liturgy website: www.universalis.com

PARISH OF THE SACRED HEART AND ST MARGARET MARY [Reg. Charity 278742]

Parish Priest: Fr. Brendan Moffatt – Telephone: 01362 694066
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Parish website: <http://www.sacredheartdereham.org.uk>

Permanent Deacon: Rev. Martin Sanderson – Tel: 01362 822590
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Parish Music Leader: Michael King – email: michaeljwking@gmail.com

Parish Safeguarding Representative: Kathleen Edmunds –
email: kathleenedmunds@yahoo.com

3RD JUNE 2018 – MOST HOLY BODY AND BLOOD OF CHRIST (CORPUS CHRISTI). SOLEMNITY

Sunday Masses [Parish Mass Book p85]		Intentions
Saturday, 2 nd June	6.00 pm	Donor's Int.
Sunday, 3 rd June	9.00 am	Joan Wells
	11.00 am *	People of the Parish
*followed by Open Parish Meeting at 12 noon		

Music for Sunday Masses - *Setting: The Belmont Mass*
Entry: 6pm – *Angelus (said)*. Hymn 643 – Gifts of bread and wine ...
Psalm R.: (11am sung) – *Our blessing cup is a communion with the blood of Christ; and the bread we break, it is a sharing in the body of the Lord.*
Offertory: Hymn 607 – Let all mortal flesh keep silence ...
Recessional: 11am – *Angelus (said)*. Hymn 629 – I am the Bread of life ...

Confession/Reconciliation: Saturday at 5.30pm - or by request/appointment

Weekday Masses [9 th week of year - Psalter Week 1]			Intentions
Mon.	10.00 am	Feria	Special Int.
Tues.	No Mass today 7.30 pm	St Boniface United Service. Praise, Prayer & Fellowship Evening.	
Weds.	No Mass today	Feria	
Thurs.	No Mass today	Feria	
Fri.	10.00 am	Sacred Heart - Solemnity	Lily Beatty (McDonnell)
Sat.	10.30 am	Feria	Holy Souls
	6.00 pm	10 th SUNDAY IN ORD. TIME	Paul Hiron

The Parish Newsletter (incl. back copies) is available to view on the parish website from Friday onward each week

Anniversaries this week: Ivan Lyons, Irene Ann Knight, James Farmer, David Thompkins, Fr. Thomas K. Phillips (*2nd Priest in Dereham, 1947*), William Finn, Desirée Jenkins, Mary Horsburgh and Josephine Reeves. *May their souls and the souls of all the faithful departed rest in peace.*

Hospital Visits – If you or family members are admitted to the Norfolk & Norwich Hospital (NNUH) or Queen Elizabeth II Hospital (QEII), King’s Lynn, and would like a visit from the Roman Catholic Chaplain, please call either St John’s Cathedral, Norwich (01603 624615) for visits to NNUH, or Fr Peter Rollings (01553 772220) for visits to QEII. If you would like to receive the Sacrament of Anointing of the sick before going to hospital, please contact Fr. Brendan on 01362 694066.

Sick List - Please pray for: David Peek, Robert Nicol, Shirley Liebenhals, Sarah Chaudri, Anne & Derek Williams, Rita Smith, Eileen Brockleby, Kathleen (Jenny) Rudd, Ellen Flood, Margaret Leggett, Robert Anderson, Carole Whitesides, Janet Yardley, Mary Cawley, Ken Summerford, Anna Thompkins, Andre Kanssen and Francis Buxton.

Money Matters – The collection last weekend for the maintenance of our parish amounted to £529.44. Thank you very much.

Diary Dates for this week –		
Mon. 4 th June	2.00pm	Mother Teresa’s Knitting Group meets in Emmaus Room. New members always welcome to join us for a knit & natter over a cup of tea.
Tues. 5 th June	<i>Please note there is no Queen of Peace Prayer Group meeting this evening due to the United Service of Praise, Prayer & Fellowship.</i>	
Weds. 6 th June	12 noon	SVP Conference meeting, in Emmaus Room
Fri. 8 th June	7.15pm	Altar Servers meet in Emmaus Room
Sat. 9 th June	11.00am	Saturday Club meets, in Emmaus Room

Changes to Mass Times - Please note the changes this week. My day off is moved to Wednesday because of a meeting at Poringland on Tuesday and the evening United Service at Sacred Heart and, on Thursday, there is a Deanery meeting at North Walsham.

Pens with Parish Logo – These were popular when I ordered them last time. I have another chance to buy them again at a similar price. If there is enough interest, I will order the same again. The stylus is very useful for ‘phone and iPads etc.

UCM Cake Stall – The recent UCM cake stall on 26th and 27th May raised £101, which will go to our nominated charities. Many thanks to all those who baked, bought and donated so generously to make this a successful weekend.

From our Rome Correspondent – “Greetings to you all from a hot and humid Rome. The Beda College year is drawing to a close, although there is plenty of work still to be

done – we are now in the middle of exam week, and I am also fully engaged in my role as editor of this year’s edition of our annual publication, the *Beda Review*. Important although these things may be, however, myself and ten of my colleagues are more focused upon our planned ordination to the diaconate on June 13th at the Basilica of St Paul-Outside-The-Walls; and along with the excitement and the anticipation there is also a feeling of being humbled by this prospect, and a profound sense of gratitude for reaching this stage in our ministerial formation. There are so many people who have contributed to my arrival at this point – family and friends, religious communities who have nurtured my vocation, the staff of the college, the clergy of the Diocese of East Anglia and particularly, Bishop Alan – who will be performing the rite of ordination in Rome, which is a great blessing for myself and my fellow East Anglian ordinands Alan and Paul – and especially the people of the Diocese who have befriended us, supported us and prayed for us over the years of our discernment and formation. Many representatives of the people and clergy will be present at the ceremony in Rome, but all will be present in my thoughts and prayers. I look forward to seeing you later in the summer, and expressing my thanks in person; until then, please accept my deepest gratitude and my prayers for you and for everyone that you love. *In Christ, Mike Brookes. 29th May 2018.*”

Month of the Sacred Heart. - On June 1, 2008, at his weekly Angelus address, Pope



Benedict XVI urged Catholics "to renew, in this month of June, their devotion to the Heart of Jesus." The Feast of the Sacred Heart of Jesus is a moveable feast, but it most often takes place in June, and so June is traditionally dedicated to the Sacred Heart. This year we celebrate this feast on 8th June.

Bitesize – “You say grace before meals. All right. But I say grace before the concert and the opera, and grace before the play and pantomime, and grace before I open a book, and grace before sketching, painting, swimming, fencing, boxing, walking, playing, dancing and grace before I dip the pen in the ink.” ~ *G.K. Chesterton*

The Angelus

Ÿ. The Angel of the Lord declared unto Mary. **R.** *And she conceived of the Holy Spirit.*
Hail Mary ...

Ÿ. Behold the handmaid of the Lord. **R.** *Be it done unto me according to thy word.*
Hail Mary ...

Ÿ. And the Word was made Flesh. **R.** *And dwelt among us.* Hail Mary ...

Ÿ. Pray for us, O holy Mother of God. **R.** *That we may be made worthy of the promises of Christ.* **LET US PRAY:** *Pour forth, we beseech Thee, O Lord, thy grace into our hearts, that we to whom the Incarnation of Christ Thy Son was made known by the message of an angel may, by His Passion and Cross, be brought to the glory of His Resurrection. Through the same Christ, Our Lord. Amen.*