

PARISH OF THE SACRED HEART
AND ST.MARGARET MARY, EAST DEREHAM, NORFOLK

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MARCH 3rd 2013 : THIRD SUNDAY IN LENT

Sunday Masses

Saturday 6.0pm Int. For the People
Sunday 9.0am Int. +Nell Bradley
11.0am Int. +Damian Ring-Davies

Weekday Masses

Monday LENT FERIA
11.0am Int.
Tuesday LENT FERIA
10.0am Int. +Mary Morgan
Wednesday LENT FERIA
10.0am Int.
Thursday LENT FERIA
No services today
Friday FEAST OF ST.FELIX
10.0am Int. The appointment of a new Bishop
Saturday LENT FERIA
10.30am Int.
6.0pm Int. For the People

Sacrament of Reconciliation

Saturday Noon and 5.30pm, or by appointment.

Exposition and Adoration of the Blessed Sacrament

Tuesday 10.30am; Benediction at 11.0am.

The Rosary Friday 10.30am

The Divine Office

The Office is said a quarter of an hour before the Mass on Weekdays. This week we use Psalter Week 3

The Mass today

The readings can be found on p.160 of the Parish Mass Book, and on p.217 of The Sunday Missal.

At the 6.0pm Mass **Eucharistic Prayer 1**
Sanctus & Benedictus Parish Mass Book p.25
Hymns (*Angelus*) 799, 846
At the 9.0am Mass **Eucharistic Prayer 2**
Sanctus & Benedictus Parish Mass Book p.25
Hymns 204, 872, 874
At the 11.0am Mass **Eucharistic Prayer 3**
Kyries 497
Sanctus & Benedictus Parish Mass Book p.25
Hymns 967, 797, 627 (*Angelus*) 938
The Psalm Response for all of the Masses is printed at the bottom of the page.

This Sunday the quarter-hour Exposition of the Blessed Sacrament before Mass will precede the 11.0am Mass. Next Sunday, it will take place before the 6.0pm Mass.

THE THIRD WEEK OF LENT

TODAY, SUNDAY
STATIONS OF THE CROSS
at 5.0pm, followed by
VESPERS AND BENEDICTION

TUESDAY
LENT GROUP ON
LUMEN GENTIUM
at 7.30pm in the Narthex, followed by
COMPLINE

FRIDAY
LENT LUNCH FOR CAFOD
12.3pm-2.0pm at the Presbytery

ALSO THIS WEEK

Monday 10.0am Fr. John speaks at another Assembly at the Toftwood Infants School. Please note that Mass is at 11.0am today.

2.0pm Co-Workers of Mother Teresa meet in the Narthex.

7.30pm Queen of Peace Prayer Group, at the Presbytery. All welcome.

Tuesday 7.30pm Lent Group, Narthex.

Wednesday 11.0am The Monthly Service at Oak Manor.

7.30pm SVP meets at the Presbytery.

Friday 12.30pm The CAFOD Lunch.

7.15pm-8.15pm Young Servers Club, Narthex.

Saturday 10.30am-11.30am Saturday Club, for young people aged five to twelve.

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NEXT SUNDAY IS MOTHERING SUNDAY ;  
POSIES WILL BE GIVEN TO THE CHILDREN  
FOR THEIR MOTHERS AT THE END OF THE  
11.0AM MASS  
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PARISH NOTICEBOARD

Anniversaries Billy Reavey (1999), Robert Patrick (2007), Kenneth Gaylard (2009), and Roy Smith (1996). May they Rest in Peace.

Money Matters Last Sunday £401.08 was given at the Offertory, and a further £521.84 in the retiring collection, which was the Lenten collection for CAFOD. At the Lent lunch last Friday a further £22.0 was given to CAFOD; Gloria Lee had made the delicious soups – Leek with Stilton, Mixed Vegetable, and the traditional Welsh *Swp daffodil*, it being St. David's Day!

130 Club : February Draw

1st Prize	£20	Lynda Hogan
2nd Prize	£15	Kitty Coughlin
3rd Prize	£10	Janice Tinney
4th Prize	£10	Fiona Richardson
5th Prize	£10	Andrew Cwiczek

Repository Diana Cater writes 'St. Patrick's Day and Easter cards are now available after each Sunday Mass.'

Gift Aid Scheme The director writes :

'Offertory envelopes for those parishioners in the parish Gift Aid Scheme for the financial year 2013/14 are available for collection at the back of church. They are arranged in alphabetical order.'

The Repairs Our builder tells me that he hopes to begin the repairs to the guttering, caused by snow-damage, and to the London Road gatepost, caused by vandalism, on Monday or Tuesday this week. The delay has been due to the time which it has taken to obtain guttering of the same profile as that used on the church. It will be good to have things back in order.

MID-LENT REVIEW

The season of Lent always seems to rush by - despite the various privations and rigours which we impose upon ourselves - and by the end of this week Lent will be halfway through. A good time, maybe, for us to ask we are faring. Is Lent proving to be a real time of spiritual growth? This largely depends, of course, on how much we are putting into it. As with everything else, there is a direct correlation between our endeavour and our benefit. And as we read somewhere in Holy Scripture, 'thin sowing means thin reaping'.

If we feel that we've not really got down to very much, well never mind. Half a good Lent will be much better than no Lent at all! We need to ask ourselves, I think, what we are actually doing as regards the three traditional disciplines of Lent, Prayer, Fasting, and Almsgiving. Has our prayer-life deepened? Are we praying more carefully, and maybe for a little longer than usual? Are we being more faithful in our life of prayer? Are we becoming more attentive to the presence of God, and more aware of his infinite love for us? And then how is our self-discipline going? Is there any self-denial taking place? Are we in-training as regards being able to say 'no' to our appetites? Are we becoming more in charge of ourselves? Finally, our almsgiving. Who has benefited from this, and by how much? Is what we've given to the poor so far realistic? Have we actually missed what we have given?

Yes, a Review of Lent so far. In which, hopefully, we will be quite honest with ourselves. And if adjustments need to be made, let's make them. Lent is too good an opportunity for growing closer to God for us to miss it!